



Organising Authority: National Yacht Club

NOTICE OF RACE

Women at the Helm Regatta - 13th & 14th June 2026

www.nyc.ie/regatta

The Women at the Helm Regatta 2026 (WATH Regatta), kindly supported by **SIA**, is being held in conjunction with the National Yacht Club Regatta (NYC Regatta). Entry in the 2-day WATH Regatta includes entry to the NYC Regatta. Results for racing on Saturday June 13th will count for both events when a boat is entered in the WATH Regatta and is helmed by a female in both.

If a male helms in the NYC Regatta, and the boat is entered in both events, the boat's score(s) on Saturday will count for NYC Regatta results only. She will be recorded as DNS for Saturday's WATH results, and her score (no. of WATH starters plus 1), will be combined with her scores for Sunday's races. Scores recorded in the NYC Regatta by boats helmed by a female will be recorded in the WATH Regatta and added to Sunday's scores.

1. RULES

1.1 The regatta will be governed by the Racing Rules of Sailing (RRS).

2. SAILING INSTRUCTIONS

2.1 The WATH sailing instructions will be available on line at www.nyc.ie/regatta on **Wed 10th June 2026**.

3. COMMUNICATION WITH COMPETITORS

3.1 The Official Notice Board is located online [here](#).

3.2 All Keelboat and Sportsboat classes shall carry a VHF radio on board. All support boats shall carry a VHF on board.

3.3 For Keelboats and Sportsboat classes the Race Committee may broadcast information available to all competitors by radio by VHF, including information on the courses to be sailed, starting and safety. Failure to receive shall not be grounds for redress.

3.4 Except in an emergency, a boat shall neither make radio transmissions while racing nor receive radio communications not available to all competing boats. This restriction also applies to mobile telephones.

4. ELIGIBILITY & ENTRY & FEES

4.1 The regatta is open to all boats and classes listed in the table of Entry Fees below and any other classes accepted by the Organising Authority (OA) (ref. 4.1).

Classes	A. WATH 2-day Regatta includes NYC Regatta entry	B. NYC Regatta only	C. WATH Sun only
Cr0, 1, 2, 3, 4a/4b, 5a/b B31.7	€110	€75	€60
Sportsboats, SB20, Dragon, Ruff, Ship, Glen, B211, DB21	€95	€65	€50
H17, Fireball, Melges, FF, Squib, Mermaid, PY double	€65	€45	€40
ILCA 7, ILCA 6, Aero, PY single	€55	€35	€35
Water Wags (WATH 2 days are Wed & Sun)	€30	€15	€15

Note: Entry to the 2-day WATH Regatta INCLUDES entry to the NYC Regatta

4.2 All boats must be helmed by a female aged 16 years or over while racing in order for all her results to count towards the WATH Regatta.

- 4.3 Entries should be made online [here](#).
- 4.4 The declaration on the online form must be completed by the boat owner or his/her authorised representative, and if the owner is under 18 years of age, his/her parent or guardian.
- 4.5 Entry deadline **Monday 8th June 2026**.
- 4.6 CRUISER CLASSES
- Cruiser classes will be scored using progressive ECHO. Starting handicaps shall be ECHO Base as published by Irish Sailing. One Design and Dinghy classes may be combined if numbers so warrant and if so will be scored using a rating system allocated by the OA.
 - Entries will be split into classes based on rating, or exceptionally for other reasons, depending on the number of entries. For advisory purposes only, it is intended that Class 1 shall be boats with a rating of between .950 and 1.035 whilst Class 2 shall be boats with a rating of between .770 and .949. These bands may be moved at the sole discretion of the Race Committee. The allocation of entries into classes will be posted on the event website by 1700hrs on Wed 10th June 2026.
 - Boats outside these limits may be accepted at the sole discretion of the OA.
 - Boats with no ECHO rating and who are not regularly racing will be allocated a rating.
- 4.7 CRUISER NON-SPINNAKER
- Boats shall only sail with a mainsail and either a jib or genoa (whisker poles are allowed).
 - Boats shall submit a valid 2026 ECHO certificate.
 - Entries may be split into divisions based on rating. This split will be posted on the event website by 1700hrs on Wed 10th June 2026.
 - A minimum of 2 boats will be required to constitute the any class
- 4.8 Boats may be required to display class identifiers prominently from a backstay, as specified in the Sailing Instructions.

5. FEES

- 5.1 Required fees per boat are as follows:

Classes	A. WATH 2-day Regatta includes NYC Regatta entry	B. NYC Regatta only	C. WATH Sun only
Cr0, 1, 2, 3, 4a/4b, 5a/b B31.7	€110	€75	€60
Sportsboats, SB20, Dragon, Ruff, Ship, Glen, B211, DB21	€95	€65	€50
H17, Fireball, Melges, FF, Squib, Mermaid, PY double	€65	€45	€40
ILCA7, ILCA6, Aero, PY single	€55	€35	€35
Water Wags (WATH 2 days are Wed & Sun)	€30	€15	€15

Note: Entry to the 2-day WATH Regatta INCLUDES entry to the NYC Regatta

6. SCHEDULE

- 6.1 Registration will take place at NYC as follows:
- Friday 12th June - 1630hrs – 1830hrs
 - Saturday 13th June 0900-1000hrs
- 6.2 Dates of racing:
- Saturday 13th June NYC Regatta & WATH Regatta &
 - Sunday 14th June WATH Regatta
- 6.3 Saturday 13th June – boats will race in the NYC Regatta, incorporating the WATH regatta, in the appropriate fleet, subject to the Regatta NOR & SIs.
- 6.4 In addition to the number of races scheduled in the NYC regatta, up to three races are scheduled for Sunday 14th June.

- 6.5 Where a boat is sailed with a male helm on Saturday 13th June, they will be scored DNS (no. of WATH starters plus 1) or those races in the WATH series.
- 6.6 The scheduled time of warning signal for first fleet on each course is as per the relevant NYC Regatta schedule on Saturday 13th June, and 1055hrs on Sunday 14th June.

- 6.7 On the last scheduled day of racing, the first warning signal of a race may not be made after 1430hrs. This will not be cause for redress.

7 MEASUREMENT

- 7.1 The Race Committee reserve the right to carry out Equipment Inspection on any competitor's Boat or Equipment. When notified the competitor will follow the instructions of the Equipment Inspector.

8. ADVERTISING & BOW NUMBERS

- 8.1 Boats may be required to display advertising material chosen by the organising authority.

9. VENUE

- 9.1 The venue is the National Yacht Club, Dun Laoghaire.
- 9.2 The fleet racing areas will be on the waters of Dublin Bay and will be detailed at the briefing on Sunday June 14th.

10. COURSES

- 10.1 For Dinghies, the courses to be sailed may be a combination of windward-leeward legs and triangles. Courses will be detailed in the NYC Regatta and WATH Sailing Instructions.
- 10.2 For Keelboats & other Sportsboats the courses may use the DBSC Marks. Courses will be detailed in the NYC Regatta and WATH Sailing Instructions.
- 10.3 All Keelboats & other Sportsboats will be required to carry a VHF radio for ease of communication with Committee Boat.

11. SCORING

- 11.1 Where boats racing together on Sunday raced on different courses on Saturday, their Saturday results shall be adjusted to take into account the different courses sailed.
- 11.2 The Low Point System of Appendix A of the RRS will apply.
- 11.3 Boats racing under the Portsmouth Yardstick shall race using the boat's standard rig.
- 11.4 One race is required to be completed to constitute a series.
- 11.5 When 3 or fewer races have been completed, a boat's series score will be the total of her race scores. When 4 or more races have been completed, a boat's series score will be the total of her race scores excluding her worst score.
- 11.6 3-boat teams registered under the following criteria:
- a) Teams of three boats, racing under any combination from Dinghies, Sportsboats, Other Keelboats, from a minimum of two separate classes.
 - b) No boat shall be a member of more than one team.
 - c) Roy Family Trophy Team scores will be calculated as follows:
 - Each boat's series score (see A2.1 and NOR 11.4) shall be multiplied by 100 then divided by the number of entries in that class plus 5.
 - The results for the 3 boats in the team will then be added together.
 - d) The team with the lowest team score wins and other teams shall be ranked accordingly.
- 11.7 The overall Women at the Helm Regatta winner shall be awarded to the competitor, who in the opinion of the OA has been the most successful competitor in the regatta.

12. SUPPORT BOATS

- 12.1 Support boats shall carry a VHF radio tuned to the channel as prescribed by the PRO and shall follow any

instructions given by the race committee or safety boat team. They may be marked with a flag issued by the race committee.

13. BERTHING

13.1 Platform parking will be available for visiting dinghies

14. PRIZES

14.1 Overall prizes will be awarded at the WATH Regatta prize giving on Sunday to (but not exclusively):

- a) Perpetual Team Trophy and Perpetual Overall Winner (see 11.5 and 11.6)
- b) 1st, 2nd & 3rd in each class with 10 entries or more
- c) 1st & 2nd in each class with fewer than 10 entries
- d) 1st in each class with fewer than 5 entries
- e) Silver Sailor – helm over 60 years
- f) All female crewed boat

13.2 Prizes for each day's racing will be awarded as follows:

- a) Saturday - prizes will be awarded for Saturday's racing at the NYC Regatta prize-giving
- b) Sunday – day prizes will be awarded for Sunday's racing in each class with 4 or more entries, **only** to competitors who have not already received, or are due to receive, an overall WATH class prize.

15. DATA PROTECTION AND IMAGE RIGHTS

15.1 By entering competitors give permission to the Organising Authority to collect and use data about the competitor for organising this Regatta.

15.2 The Organising Authority has adopted a Data Protection Policy for the Regatta which is available on the National Yacht Club website www.nyc.ie.

15.3 By entering the Regatta, competitors and support persons accept that the Organising Authority may arrange for images or videos to be taken at the event both on the water and on shore.

15.4 Competitors and support persons by entering give consent to the taking of such images and to the use, reuse, publication and republication of such images in any media, in conjunction with the competitor's name or not, without compensation and without the competitor's approval of such images or any use thereof. The images may only be used for the promotion of the NYC Women At The Helm Regatta, its sponsors or the organising authority.

16. RISK ASSESSMENT

16.1 Rule 3 of the Racing Rules of Sailing states: "The responsibility for a boat's decision to participate in a race or to continue racing is hers alone."

16.2 Sailing is by its nature an unpredictable sport and therefore involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:

- (a) They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event;
- (b) They are responsible for the safety of themselves, their crew, their boat and their other property whether afloat or ashore;
- (c) They accept responsibility for any injury, damage or loss to the extent caused by their own actions;
- (d) Their boat is in good order, equipped to sail in the event and they are fit to participate;
- (e) The provision of a race management team, patrol boats, and other officials and volunteers by the event organiser does not relieve them of their own responsibilities;
- (f) The provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances;

- (g) It is their responsibility to familiarise themselves with any risks specific to this venue or this event drawn to their attention in any rules and information produced for the venue or event and to attend any safety briefing held for the event
 - (h) They are responsible for ensuring that their boat is equipped and seaworthy so as to be able to face extremes of weather;
 - (i) that there is a crew sufficient in number, experience and fitness to withstand such weather and that the safety equipment is properly maintained, stowed and in date and is familiar to the crew.
- 16.3 Crew details and contact information, along with an emergency contact ashore must be provided at registration.

17. ENVIRONMENTAL SUSTAINABILITY

- 17.1 As part of the event's commitment to reducing the environmental impact of the event, competitors, team leaders, coaches, volunteers, race officers and all stakeholders will be asked to follow Irish Sailing event sustainability guidelines. Details will be published, guidelines are available here <https://www.sailing.ie/environment>
- 17.2 The National Yacht Club will be reducing paper printing by issuing Sailing Instructions and other notices as PDFs and notice board posters where possible.
- 17.3 This is a single-use plastic-free event.

18. INSURANCE

- 18.1 Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of EURO 3 Million per incident or the equivalent.

19. SOCIAL PROGRAMME

- 19.1 A gala fun-filled weekend ashore will take place over the 3 days, June 12th to 14th, to celebrate both the NYC and WATH Regattas. Friends and family members are welcome to join the sailors for the festivities taking place in the club over the 3 days. The social programme will be detailed at www.nyc.ie in the run up to the event and will include:

Friday June 12th – Speaker supper moderated by Bryan Dobson who will be joined by leading Sport's Psychologist Kate Kirby who worked with Annalise Murphy for many years, and offshore solo sailor Gráinne Costigan who completed the mini-Transat race in November 2025.

Saturday June 13th – NYC Regatta prizegiving, deck BBQ, music. Evening dining will also be available.

Sunday June 14th – Après sail food and drink after racing, WATH Regatta prizegiving

Bookings for Friday's Speaker Supper and Saturday evening's clubhouse dining to be made online only.

20. TEMPORARY MEMBERSHIP

- 20.1 Competitors, designated support persons, race officials and volunteers in this event and their guests shall be Temporary Members of the National Yacht Club for the duration of the regatta, and shall be bound by the Rules of the Clubs. The National Yacht Club reserves the right to withdraw Temporary Membership.

21. FURTHER INFORMATION

For further information, please contact:

The National Yacht Club, Dun Laoghaire, Co. Dublin, A96 AX98, Ireland

Email: admin@nyc.ie Phone: 01-2805725, extn. 7