



Sia Partners Irish Sailing Women at the Helm 2024 Sat 25th & Sun 26th May 2024

Sailing Instructions

The Organising Authority (OA) is National Yacht Club (NYC).

1. Rules

1.1 The regatta will be governed by the Current Racing Rules of Sailing (RRS), the prescriptions of Irish Sailing, Irish Sailing ECHO STANDARD Performance Handicap System for Keelboats and the Portsmouth Yardstick (PY) system shall be in place using the boat's standard rig for Dinghies/PY, Class Association rules where applicable, DBSC SIs, this Notice of Race and the Sailing Instructions and any changes thereto.

1.2 The prescriptions of Irish Sailing will apply.

1.3 In the event of a conflict between the Notice of Race and the Sailing Instructions, the Sailing Instructions (SI) shall prevail.

1.4 If unrated by IS or the RYA, the Organising Authority reserves the right to allocate an ECHO Standard or PY handicap to any boat based on recognised ratings of similar boats.

2. Notice to Competitors

2.1 Notices to competitors will be posted on the official regatta notice board on the event WhatsApp group. The WhatsApp group invite will be sent to skippers for all event communications. Link to join WA here <https://chat.whatsapp.com/HGEfGhZnFfeJivzcQUwmxg>

3. Changes in Sailing Instructions

3.1 Changes to SIs will be posted before 0900 on the day they take effect, except that any change to the schedule of races will be posted by 2000 on the day before it will take effect. Changes will be forwarded to the WhatsApp group.

3.2 Notwithstanding the provisions of SI 3.1, changes to the SIs may be instructed orally on the water, to Keelboats/Sportsboats/Flying Fifteens, including by VHF on the channel designated for the event. Channel to be confirmed at briefing. Such oral changes will be communicated to the Class before the Warning Signal of the race for which the change takes effect. This includes changes to the Race Schedule. Failure to receive such a transmission shall not constitute grounds for redress. This changes RRS 62.1.

4. Signals made ashore

4.1 Signals made ashore will be displayed from a flagpole at NYC.

4.2 When flag 'AP' is displayed ashore, "1 minute" is replaced by "not less than 60 minutes" in the race signal AP.

5. Schedule of Races

5.1 A briefing will be held for all competitors at NYC at 11.15am on Saturday 25th May 2024

5.2 Schedule of races;

Saturday 25th May : As per DBSC schedule (Appendix A and D)
 In fleets where more than one race is scheduled, the first race of the day will count for WATH.

Sunday 26th May: Up to three races - back-to-back

5.3 The scheduled time of warning signal for the first fleet on each course:

Saturday 25th May: as per DBSC schedule (Appendix A and D) (HW 13.47 3.4m)

Sunday 26th May: Keelboats/Sportsboats/Flying Fifteens 10:25 am

Sunday 26th May: Dinghies/PY 10:57 am (HW 14.31 3.3m)

5.4 On the last scheduled day of racing Sunday 26th May, the first warning signal for a race may not be made after 1400 hrs. This shall not be grounds for a request for redress.

5.5 Race areas, Groups of Classes, Signal Vessels, and Marks may be changed or substituted by the Race Committee.

6. Signals from the Committee Boats

6.1 Keelboats/Sportsboats/Flying Fifteens

Day & Date	First Warning Signal	Starting Sequence	CLASS FLAG
Saturday 25 th May	As per DBSC schedule (appendix A)	As per DBSC schedule (Appendix A)	As per DBSC schedule (Appendix A)

Sunday	1025	Class 1 - Cruisers	Numeral 1
26 th May	1030	Class 2 - White Sails	Numeral 2
	1035	Class 3 - Sportsboats, Flying Fifteens	Numeral 3

6.2 Dinghies/PY

Day & Date	First Warning Signal	Starting Sequence	CLASS FLAG
Saturday 25 th May	As per DBSC schedule (Appendix D)	As per DBSC schedule (Appendix D)	As per DBSC schedule (Appendix D)
Sunday 26 th May	1057 1100	PY ILCA 6	Numeral 1 ILCA 6

6.3 For all classes, pink flags should be clearly displayed from the backstay or shroud of all boats throughout the event. Event will provide the flags on registration.

7. Racing Area

The racing area will be:

All classes: To be advised at the briefing and by VHF.

8. Course

8.1 Saturday 25th May:

Keelboats/Sportsboats/Flying Fifteens - as per relevant DBSC schedule and course cards (Appendix A)

Dinghies/PY – as per relevant DBSC schedule and course cards (Appendix D)

Sunday 26th May:

Keelboats/Sportsboats/Flying Fifteens – all boats will be on one course .

Dinghies/PY – all boats will be on one course.

Committee boats – to be announced at briefing.

9 Start

9.1 The starting line will be between the red and white staff on the Race Committee Vessel at the starboard end and the port-end starting mark.

9.2 The Race Committee may lay an inner distance mark close to the Race Committee Vessel and no boat shall sail between the Race Committee Vessel and the inner distance mark.

9.3 For Keelboats/Sportsboats/Flying Fifteens, in addition to RRS 29.1, the Race Committee will, if possible, broadcast individual OCS sail numbers no earlier than 30 seconds after the starting signal on the designated VHF channel. Failure to do so or delay or the order of the broadcast will not be grounds for a request for redress. This changes RRS 62.1(a).

9.4 A boat starting later than 10 minutes after her starting signal will be scored Did Not Start without a hearing. This changes RRS A3 and A5.

10. Recalls

10.1 Individual recalls will be signalled in accordance with RRS 29.1 and may be announced on the radio.

10.2 General Recalls will be signalled in accordance with RRS 29.2.

11. Finish

The finishing line will be between the red and white striped staff of a Race Committee Vessel displaying a blue flag, and the finishing mark.

12. Courses and Marks for Keelboats/Sportsboats/Flying Fifteens

12.1 Saturday 25th May

Courses/marks for all boats as per DBSC course cards (Appendix A)

12.2 Sunday 26th May

A course letter, [A-R], and number [1, 2, 3, 4, 5, or 6] will be displayed on the Race Committee Vessel from approximately (3) three minutes before the start of each class to approximately (1) one minute after the start of each class and may be announced on the radio. The letter and number shall designate the course to be sailed for that class as defined in the following list of courses on DBSC course card for Thursday Red Fleet RTC

This changes RRS 27.1

12.2.1 Marks of the course will be navigation buoys and racing marks positioned in Dublin Bay the approximate position as shown on the chart attached with these sailing Instructions.

12.2.2 Starting and finishing line outer limit marks may be candy striped inflatable marks or a pin type with a flag. Inner distance marks, if laid, may be of the 'Dan Buoy' type.

12.2.3 The race start will be in the vicinity of Dun Laoghaire Harbour, and will be advised at the briefing and by VHF on the water.

12.2.4 The Race Committee finishing boat shall be approximately positioned to weather of the last mark of the course (unless shortened). The finishing line shall be between the red and white staff of a Race Committee Vessel displaying a Blue Flag, and the finishing mark.

12.2.5 Platonic Course using designated DBSC fixed marks - see Appendix B 'DBSC - Racing Marks and Bearings 2024'.

IC Flag R flown from the hoist on the flagship indicates that a Platonic Course using designated DBSC fixed marks will be sailed.

A red or green flag will be displayed to show which way the marks are to be rounded. The marks to be rounded will be identified and the order of rounding will be displayed on the Committee Boat at approximately 4 mins before the start of each class, and may be announced on the radio. This changes RRS 27.1

13. Dinghies/PY

13.1 The course will be a Windward/Leeward or Olympic course as shown in the course diagram. Appendix D.

13.2 Starting and finishing line outer limit marks may be candy striped inflatable marks or a pin type with a flag. Inner distance marks, if laid, may be of the 'Dan Buoy' type. Rounding marks will be inflatable marks.

13.3 Board 'W' or 'X' with numeral board will be displayed on the race committee starting vessel to indicate a Windward/Leeward Course and the number of rounds. Board 'T' with numeral board will indicate an Olympic Course and the number of rounds.

13.4 The diagrams in Appendix D show the courses for the Dinghy/PY classes. The diagrams indicate the order in which marks are to be rounded or passed, the side on which each mark is to be left and the number of rounds.

13.5 The boards will be displayed on the race committee starting vessel from approximately 2 minutes before the start of each class to approximately 1 minute after the start of each class. This changes RRS 27.1.

13.6 In order to protect the integrity of the course, the RC, at its sole discretion, may amend the position of the marks without signalling. This changes RRS 33.

13.7 The finishing line will be between a staff/mast on a Committee Vessel at the starboard-end, displaying a blue flag, and a port-end finishing mark.

13.8 Should the Race Officer wish to shorten a race to finish upwind or downwind at the Start/finish line, it will be signalled by displaying code flag "F" from a RIB adjacent to the preceding mark or gate where applicable, accompanied by repeated sound signals. This changes and amends the RRS Race Signals.

14. Penalty System

14.1 RRS 44.1 is changed so that the Two-turn Penalty is replaced by a One-turn Penalty.

15. Time Limits

15.1 Keelboats/Sportsboats/Flying Fifteens

Saturday 25th May – all boats will be timed as per relevant DBSC SIs.

Sunday 26th May –

Keelboats/Sportsboats/Flying Fifteens will be timed up to 20 minutes after the second boat of their class finishes; otherwise they will be scored Did Not Finish. This changes RRS 35.

15.2 Dinghies/PY –

The time limit for the first boat of a class to sail the course and finish is 60 minutes. Boats failing to finish within 10 minutes after the first boat of her class sails the course and finishes shall be scored "Did Not Finish" without a hearing. In the case of PY Class each type of boat will be considered a separate class for the purpose of this SI. (Changes RRS 35 and A5).

16. Protests and Requests for Redress

16.1 Protests are to be lodged online at www.racingrulesofsailing/events/8818.

Protests and Requests for Redress or reopening shall be delivered there within the protest time limit.

16.2 The protest time limit is 60 minutes after the last boat has finished the last race of the day or the race committee signals no more racing today, whichever is later.

16.3 Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses.

16.4 Notices of protests by the race committee or protest committee will be posted to inform boats under RRS 61.1(b).

16.5 On the last scheduled day of racing a request for reopening a hearing shall be delivered

- a) within the protest time limit if the requesting party was informed of the decision on the previous day;
- b) no later than 30 minutes after the requesting party was informed of the decision on that day.

This changes RRS 66.

16.6 On the last scheduled day of racing a request for redress based on a protest committee decision shall be delivered no later than 30 minutes after the decision was posted. This changes RRS 62.2.

16.7 RRS Appendix T, Arbitration, will apply. If a party is not present at an arbitration meeting, any party that was present may take a Post-Race Penalty at any time until the Protest committee has completed taking evidence. This changes RRS T1 (a).

17. Scoring

17.1 The Low Point System of Appendix A of the RRS will apply.

17.2 Boats racing under the Portsmouth Yardstick shall race using the boat's standard rig.

17.3 Two races are required to be completed to constitute a series.

17.4 When 3 races have been completed, a boat's series score will be the total of her race scores.

17.5 When 4 or more races have been completed, a boat's series score will be the total of her race scores excluding her worst score.

17.6 Club Teams. Clubs may enter a team under the following criteria:

- a) Teams of three boats, racing under any combination of Dinghies/PY, Sportsboats, Other Keelboats
- b) No boat shall be a member of more than one team

18. Prizes

18.1 Overall prizes will be awarded to (but not exclusively):

- Perpetual Club Team (see 17.6)
- 1st, 2nd & 3rd in each class with 10 entries or more
- 1st & 2nd in each class with 4-9 entries
- Silver Sailors – helm over 60 years
- All female crewed boat
- All under 25s crewed boat

18.2 The Roy Family Team Trophy prize shall be awarded to the best performing team of 3 boats from an Irish Sailing or RYA affiliated club on the island of Ireland. Teams shall be defined in advance and shall register their eligibility for this prize at event registration. A club may register more than one team.

18.3 Additional prizes may be awarded at the discretion of the OA.

19. Safety Regulations

19.1 Personal Flotation Devices should be worn at all times by competitors whilst afloat, except briefly while changing or adjusting clothing or personal equipment. Wet suits and dry suits are not personal flotation devices. ICF 'Y' will not be displayed. This changes RRS 40. [NP]

19.2 A boat that retires from a race shall notify the RC as soon as possible.

20. Radio Communication

20.1 For Keelboats/Sportsboats/Flying Fifteens, it is strongly recommended that all boats carry a VHF radio. Communication on general matters relating to racing and safety may be transmitted by the RC. The RC will inform competitors at the briefing which channel will be used for these communications. The OA will **not** provide VHF radios for competitors, but each competing crew shall be deemed to have a functioning VHF radio and to be keeping watch on the designated VHF channel for the event at all times whilst afloat.

20.2 A boat shall neither make nor receive radio transmissions which are not available to all boats. This restriction also applies to mobile phones.

21. Restricted Areas

21.1 All boats will give way and keep clear of commercial shipping. A boat reported by a harbour master for interference with commercial shipping in Dublin Bay will be disqualified from that day's racing without a hearing. (Amends RRS 63.1) Such a disqualification will be notified to the boat in the race results.

22. Disclaimer of Liability

22.1 It is the sole responsibility of the person in charge of each team to decide if that team should race in the prevailing conditions or not. It is the sole responsibility of the person in charge of each boat to decide if that boat should race or continue to race.

22.2 Competitors compete in the event entirely at their own risk – see RRS 4, Decision to Race. The OA will not accept any liability for material damage or personal injury or death sustained in

conjunction with or prior to, during or after the event. The OA encompasses everyone helping to run the event.

23. Environment Sustainability

23.1 Competitors, team leaders, coaches, volunteers, race officers and all stakeholders will be asked to follow these guidelines.

- a) Results will be displayed online at www.nyc.ie and on the WhatsApp group.
- b) Bring your own reusable bottles and lunch containers – event will have a zero single use plastic policy.
- c) Care to be taken to dispose of all waste in the appropriate bins provided.
- d) Rule 47 will be imposed –
 - 47 TRASH DISPOSAL A competitor shall not intentionally put trash in the water. This rule applies at all times while afloat. The penalty for a breach of this rule may be less than disqualification.

List of Appendices:

Appendix A:

Link to all DBSC racing documents:

<https://www.dbsc.ie/racing/>

Starting times & sequences for DBSC racing on Saturday 25th

<https://www.dbsc.ie/wp-content/uploads/2024/04/Race-Times-Red-Blue-and-Green-Fleet-2024.pdf>

Appendix B:

DBSC - Thursday Red Fleet Course Card

<https://www.dbsc.ie/wp-content/uploads/2024/04/CC-Free-Bird-Red-Fleet-RTC-Thursdays-Courses-2024.pdf>

Appendix C

DBSC – Racing Marks and Bearings 2024

<https://www.dbsc.ie/wp-content/uploads/2024/04/CC-DBSC-Racing-Marks-Chart-2024.pdf>

<https://www.dbsc.ie/wp-content/uploads/2024/04/CC-DBSC-Racing-Marks-and-Bearings-2024-3.pdf>

Appendix D

Tuesday & Saturday Dinghy/PY Course Card

<https://www.dbsc.ie/wp-content/uploads/2024/04/Dinghy-Courses-and-Race-Times-2024-V1.1.pdf>