

Women at the Helm Regatta

Organising Authority (OA): National Yacht Club

NOTICE OF RACE

Sat 25th & Sun 26th May 2024

www.nyc.ie

1. RULES

- 1.1 The regatta will be governed by the Racing Rules of Sailing 2021-2024 (RRS), the prescriptions of Irish Sailing, Irish Sailing ECHO STANDARD Performance Handicap System for Keelboats and Portsmouth Yardstick system shall be in place using the boat's standard rig for Dinghies; Class Association rules where applicable, this Notice of Race and the Sailing Instructions and any changes thereto shall apply.

2. ADVERTISING & BOW NUMBERS

- 2.1 Boats may be required to display advertising chosen and provided by the organising authority.

3. ELIGIBILITY & ENTRY

- 3.1 The regatta is open to all boats and classes listed in the table of Entry Fees below and any other classes accepted by the Organising Authority (OA) (ref. 4.1).
- 3.2 All boats must be helmed by a female helm aged 16 years or over while racing.
- 3.3 Eligible boats may enter by completing the online entry form and submitting the appropriate entry fee.
- 3.4 Helms and crews who will be under 18 years of age during the event shall submit signed Parent/Guardian Declarations at event registration, available as part of online entry.
- 3.5 Entry deadline 20th May 2024.
- 3.6 CRUISER CLASSES (ECHO STANDARD) with a TCC rating between .770 and 1.250
- (a) Boats shall submit a valid 2024 ECHO STANDARD handicap no later than 1700hrs on Mon 20th May 2024
- (b) Entries will be split into classes based on rating, or exceptionally for other reasons, depending on the number of entries. For advisory purposes only, it is intended that Class 1 shall be boats with a rating of between .950 and 1.250 whilst Class 2 shall be boats with a rating of between .770 and .949. These bands may be moved at the sole discretion of the Race Committee. The allocation of entries into classes will be posted on the event website by 1700hrs on Wed 22nd May 2024.
- (c) Boats outside these limits may be accepted at the sole discretion of the OA.
- (d) Boats with no ECHO and who are not regularly racing may apply to Irish Sailing for a discounted ECHO of €10 up to 17th May 2024. Email racing@sailing.ie for the attention of Irish Sailing Liz Hall.
- 3.7 CRUISER NON-SPINNAKER (ECHO STANDARD)
- (a) Boats shall only sail with a mainsail and either a jib or genoa (whisker poles are allowed).
- (b) Boats shall submit a valid 2024 ECHO STANDARD handicap TCC rating of .820 and above issued no later than 1700hrs on Mon 20th May 2024.
- (c) Entries may be split into divisions based on rating. This split will be posted on the event website by 1700hrs on Wed 22nd May 2024.
- (d) A minimum of 3 boats will be required to constitute the Non-Spinnaker class.

3.8 BOATS IN THE CRUISER CLASSES (ECHO STANDARD), CRUISER NON-SPINNAKER (ECHO STANDARD), SPORTSBOAT (ECHO STANDARD) may be required to display class identifiers prominently from a backstay, as specified in the Sailing Instructions.

3.9 Eligible boats may enter by online entry at www.nyc.ie

4. FEES

4.1 Required fees per boat are as follows:

CLASS	Early Bird* to 26 April	Full to 21 May
Dinghies: All dinghies PY (<1220),	€30	€45
- Singlehanders	€45	€60
- Doublehander, including Flying Fifteen, Squibs, etc.		
Fleets may be split depending on entry numbers at the discretion of OA		
-Waterwags	€10	€20
Under 25*	€25	€35
Sportsboats on ECHO standard: J80, 1720, SB20	€65	€85
Keelboats <8.5m LOA	€70	€80
Under 25*	€50	€50
Other Keelboats on ECHO standard >8.5m LOA	€80	€100
Under 25*	€60	€60

*Boats fully crewed by crew under 25 years on 31st Dec 2024 will pay Early Bird Entry fee up to close of entry on 20th May, supported by National Yacht Club.

4.2 Other fees.

4.2.1 Social Program:

Friday 24th May – Speaker and Dinner in the dining room, booking details to follow.

Saturday 25th May - Deck BBQ, Music (dress code casual)

Sunday 26th May – Deck BBQ, Music, Prizegiving 3.30 – 4.00 p.m.

4.2.2 Craning:

Visiting boats: up to 8m & stepping/unstepping mast: €100 (NYC Members price will apply for crane / powerhose bookings)

Keelboats and sportsboats fully crewed by under 25 years on 31st Dec 2024: Free Craning, funded by National Yacht Club

Other boats: POA



5. SCHEDULE

- 5.1 Registration will take place at NYC as follows: Except for Waterwags.
- Friday 24th May - 1630hrs – 1830hrs
 - Saturday 25th May – 1000 - 1100hrs
- 5.2 Dates of racing:
- Saturday 25th and Sunday 26th May 2024
 - Waterwags will have 3 races scheduled for Wednesday 22nd May 2024.
- 5.3 Four races are scheduled for all. Except for Waterwags.
- 5.4 Saturday 25th May – DBSC – boats will race in DBSC, in the appropriate fleet, subject to the DBSC NOR & SI's.
- Where more than one DBSC is scheduled on Saturday, the first race of the day will count towards WATH results.
- Sunday 26th May - Three races are scheduled.
- 5.5 Briefing will take place in the NYC at 11.15hrs on Saturday 25th May. The scheduled time of warning signal for first fleet on each course is as per the relevant DBSC schedule on Saturday 25th May, and 1025hrs on Sunday 26th May.
- 5.6 On the last scheduled day of racing, the first warning signal of a race may not be made after 1400hrs. This will not be cause for redress.

6. MEASUREMENT

- 6.1 The Race Committee reserve the right to carry out Equipment Inspection on any competitor's boat or Equipment. When notified the competitor will follow the instructions of the Equipment Inspector.

7. SAILING INSTRUCTIONS

- 7.1 The sailing instructions will be available online at <https://nyc.ie> on **Wed 22nd May 2024**. Competitors are required to print their own copies or download (sustainability).
- 7.2 Waterwags will race as per the DBSC/Waterwags SIs.

8. VENUE

- 8.1 The venue is the National Yacht Club, Dun Laoghaire.
- 8.2 The fleet racing areas will be on the waters of Dublin Bay and will be detailed at the race briefing.

9. COURSES

- 9.1 For Dinghies, the courses to be sailed may be a combination of windward-leeward legs and triangles. Courses will be detailed in the DBSC and WATH Sailing Instructions.
- 9.2 For Keelboats & other Sports Boats the courses will use the DBSC Marks. Courses will be detailed in the DBSC and WATH Sailing Instructions.
- 9.3 All keelboats & other Sports Boats will be required to carry a VHF radio for ease of communication with Committee Boat.
- 9.4 Waterwags will race in Dun Laoghaire Harbour as per the DBSC/Waterwag SIs.

10. PENALTY SYSTEM

- 10.1 For all keelboat, sportsboat & dinghy Classes, RRS44.1 is changed so that the Two Turns penalty is replaced by the One Turn penalty.



11. SCORING

- 11.1 The Low Point System of Appendix A of the RRS will apply.
- 11.2 Boats racing under the Portsmouth Yardstick shall race using the boat's standard rig.
- 11.3 Two races are required to be completed to constitute a series.
- 11.4 When 3 races have been completed, a boat's series score will be the total of her race scores.
- 11.5 When 4 or more races have been completed, a boat's series score will be the total of her race scores excluding her worst score.
- 11.6 Club Teams. Clubs may enter a team under the following criteria:
 - (a) Teams of three boats, racing under any combination from Dinghies, Sportsboats, Other Keelboats.
 - (b) No boat shall be a member of more than one team.
 - (c) Roy Family Trophy Team scores will be calculated as follows:
 - each boat's series score (see A2.1 and NOR 11.4 and 11.5) shall be multiplied by 100 then divided by the number of entries in that class.
 - then adding together the results for the 3 boats in the team.
 - (d) The team with the lowest team score wins and other teams shall be ranked accordingly.

12. SUPPORT BOATS [DP] [NP]

- 12.1 Support boats shall carry a VHF radio tuned to the channel as prescribed by the PRO and shall follow any instructions given by the race committee or safety boat team. They shall be marked with a flag issued by the race committee.

13. BERTHING & Trailer parking [DP] [NP]

- 13.1 Lift in for keelboats will be provided until 18.00 hrs on Friday 24th May, with lift out on Sunday afternoon after racing. Boat owners are expected to assist. Advance booking by 5pm on Fri 17th May is required. Email sailing@nyc.ie
- 13.2 Boats shall be kept in their assigned places in the hard standing area or pontoon/ harbour or marina unless launching from other Dun Laoghaire waterfront clubs.
- 13.3 All keelboats once launched at the start of the event, will remain on the water until the last race.
- 13.4 Keelboats and cruisers shall not be hauled out during the event except with prior written permission of the Race Committee.
- 13.5 Trailer Parking will be provided for visiting keelboats and dinghies on the Carlisle Pier.

14. RADIO COMMUNICATION [DP]

- 14.1 All keelboat and sportsboat classes shall carry a VHF radio on board. All support boats shall carry a VHF on board.
- 14.2 For keelboats and sportsboat classes the Race Committee may broadcast information available to all competitors by radio by VHF, including information on the courses to be sailed, starting and safety.
- 14.3 Except in an emergency, a boat shall neither make radio transmissions while racing nor receive radio communications not available to all competing boats. This restriction also applies to mobile telephones.

15. PRIZES

- 15.1 Overall prizes will be awarded to (but not exclusively):
 - Perpetual Club Team (see 11.6)
 - 1st, 2nd & 3rd in each class with 10 entries or more
 - 1st & 2nd in each class with fewer than 10 entries
 - Silver Sailors – helm over 60 years
 - All female crewed boat



- 15.2 The Roy Family Team Trophy prize shall be awarded to the best performing team of 3 boats from an Irish Sailing or RYA affiliated club on the island of Ireland. Teams shall be defined in advance and shall register their eligibility for this prize at event registration. A club may register more than one team.
- 15.3 Additional prizes may be awarded at the discretion of the OA.

16. DATA PROTECTION AND USE OF IMAGES

At registration competitors and support persons will be requested to give consent to the following:

16.1 Any personal information provided to the organizing authority will be used to facilitate participation in the event. Competitors and support persons are bound by the Racing Rules of Sailing and the other rules that govern the event (the rules), the legal basis for processing that personal information is contract. For any person not bound by the rules, the legal basis for processing that personal information is legitimate interest. Personal information will be stored and used in accordance with the organizing authority's privacy policy which can be found at www.nyc.ie When required by the rules, personal information may be shared with Irish Sailing, a competitor's, or support person's national authority and/or World Sailing. The results of the event and the outcome of any hearing or appeal may be published.

16.2 By entering the Event competitors and support persons (or their parent or guardian) understands that the Organising Authority may arrange for images or videos to be taken at the event both on the water and on shore for the purpose of promoting the event. Competitors and support persons (or their parent or guardian) will be required to confirm if they give consent to the taking of such images and to the use, reuse, publication and republication of such images in any media without compensation, which may be in conjunction with the competitor's or support person's (or their parent or guardian) names or not. The images may only be used for the promotion of the event, its sponsors, the Organising Authority, and the Class Associations involved.

17. RISK ASSESSMENT

- 17.1 Rule 4 of the Racing Rules of Sailing states: "The responsibility for a boat's decision to participate in a race or to continue racing is hers alone."
- 17.2 Sailing is by its nature an unpredictable sport and therefore involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:
- (a) They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event;
 - (b) They are responsible for the safety of themselves, their crew, their boat and their other property whether afloat or ashore;
 - (c) They accept responsibility for any injury, damage or loss to the extent caused by their own actions;
 - (d) Their boat is in good order, equipped to sail in the event and they are fit to participate;
 - (e) The provision of a race management team, patrol boats, and other officials and volunteers by the event organiser does not relieve them of their own responsibilities; (f) The provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances;
 - (g) It is their responsibility to familiarise themselves with any risks specific to this venue or this event drawn to their attention in any rules and information produced for the venue or event and to attend any safety briefing held for the event;
 - (h) They are responsible for ensuring that their boat is equipped and seaworthy so as to be able to face extremes of weather; that there is a crew sufficient in number, experience and fitness to withstand such weather; and that the safety equipment is properly maintained, stowed and in date and is familiar to the crew;



17.3 Crew details and contact information, along with an emergency contact ashore must be provided at registration.

18. ENVIRONMENTAL SUSTAINABILITY

- 18.1 As part of the event's commitment to reducing the environmental impact of the event, competitors, team leaders, coaches, volunteers, race officers and all stakeholders will be asked to follow Irish Sailing event sustainability guidelines. Details will be published, guidelines are available here <https://www.sailing.ie/environment>
- 18.2 The National Yacht Club will be reducing paper printing by issuing Sailing Instructions and other notices as PDFs and notice board posters where possible.
- 18.3 This is a single-use plastic-free event.

19. INSURANCE

- 19.1 Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of €3,000,000.00 per incident or the equivalent.

20. SOCIAL PROGRAMME

- 20.1 There will be a social event on the Friday and Saturday of the weekend with food available. The proposed social programme will be detailed at www.nyc.ie in the run up to the event.

21. TEMPORARY MEMBERSHIP

- 21.1 Competitors, designated support persons, race officials and volunteers in this event and their guests shall be Temporary Members of the National Yacht Club and DBSC for the duration of the regatta, and shall be bound by the Rules of the Clubs. The National Yacht Club and DBSC reserve the right to withdraw Temporary Membership.

22. PARTICIPANT WELFARE

- 22.1 The OA will adhere to any legislative and national health and safety guidelines in place at the time of the event.

23. FURTHER INFORMATION

For further information, please contact:

The National Yacht Club
East Pier, Dun Laoghaire,
County Dublin, A96 AX98, Ireland
Email: admin@nyc.ie
Dublin 01 2805725

