



Combined 29er & 49er East Coast 2024

Sailing Instructions

National Yacht Club

27-28 April, 2024

The notation '[NP]' in a rule of the sailing instructions (SIs) means that a boat may not protest another boat for breaking that rule. This changes RRS 60.1(a).

1. Rules

1.1. The regatta will be governed by the rules as defined in The Racing Rules of Sailing 2021-2024.

1.2. RRS Appendix P, Special Procedures for Rule 42, will apply, except that rule P2.3 will not apply and rule P2.2 is changed so that it will apply to any penalty after the first one.

1.3. RRS 44.1 and RRS P2.1 are changed so that the Two-Turns Penalty is replaced by the One-Turn Penalty.

2. Green and Clean Regatta

2.1. As sailors, we seek to protect and restore our oceans, coastal waters and shore environment.

2.2. [DP] Competitors shall not drop trash in the boat park or elsewhere, it may be placed in the receptacles provided.

2.3. Whilst afloat, trash may be placed aboard safety and patrol boats

2.4. The use of single trip containers is discouraged; where possible water bottles should be refilled.

2.5. Competitors and support persons are expected to maintain a clean and tidy boat park.

2.6. Toxic cleaning products should be avoided.

3. Communications with Competitors

3.1. There will be a briefing for competitors at 10.45hrs April 27th in the Dinghy park.

3.2. Notices to competitors will be posted on the official notice board, located under the balcony at the NYC. A non-official secondary means of communication to sailors will be used via WhatsApp. <https://chat.whatsapp.com/GXrdK0UpwJI9wSm3dEZHur>

3.3. Signals made ashore will be displayed from the flag masts on the club platform

3.4. [DP] Boats shall not leave the shore until flag D is displayed ashore. The warning signal will be made not less than 45 minutes after flag D is displayed.

3.5. The class flag will be the J flag for 29ers and the K flag for 49ers

3.6. When flag AP is flown ashore, '1 minute' is replaced with 'not less than 45 minutes'. This changes flag AP in the Race Signals.

4. Changes to the Sailing Instructions

4.1. Any change to the sailing instructions will be posted at least one hour before the scheduled start time on the day it will take effect, except that any change to the schedule of races will be notified by the race committee before 1900 on the day before it will take effect.

5. Format of Racing

5.1. The regatta will consist of up to eight (8) races, over two (2) days.

5.3. If less than 10 entries in each of the classes, the overall regatta may be raced under PY with a single start (29er = 895, FX = 720, 49er=697) with an extracted championship for the 29er class and an extracted championship for the 49er/49er FX classes. Such decision is at the discretion of the Race officer.

6. Schedule

6.1. The number of races scheduled each day, up to a maximum of 5, is at the discretion of the race committee.

6.2. The scheduled time of the warning signal for the first race on April 27th is 11.55 hrs, and on April 28th is 10.25 hrs

6.3. The warning signal for each succeeding race will be made as soon as practicable.

6.4. To alert boats that a race or sequence of races will begin soon, the orange starting line flag will be displayed with one sound at least two minutes before a warning signal is made.

6.5. On the last scheduled day of racing no warning signal will be made after 15:00, except for postponements, general recalls and abandonment of a race where the first warning signal was made before 1500 hrs

7. Racing Area

7.1. Location of the intended racing area will be described at the briefing. Area A will be West of the harbour by Seapoint. Area B will be by Scotsman's Bay, east of the harbour. In exceptional circumstances, the Dun Laoghaire harbour may be considered as area C with an L3 course.

8. The Course

8.1. The diagram in Appendix B shows the course, the course designation, the order in which marks are to be passed, and the side on which each mark is to be left.

8.2. No later than the warning signal, the race committee signal boat will display the course designation and the approximate compass bearing of the first leg.

9. Marks

9.1. Marks 1, 2S and 2P will be large yellow inflatable

9.2. Starting and finishing marks will be a race committee signal boat at the starboard end, and a yellow inflatable stick at the port end

10. The Start

10.1. The starting line will be between the starting mark and a staff displaying an orange flag on the committee vessel.

11. The Finish

11.1. The finishing line will be between the finishing mark and a staff displaying a blue flag on the committee vessel

12. Time Limits and Target Times

12.1. The time limit and target time in minutes is as follows: Failure to meet the target time will not be grounds for redress. This changes RRS 62.1(a).

Time Limit	Finish Window	Target Time for leader
45	12	25

12.2. Boats failing to finish within the finish window time after the first boat of his class has sailed the course will be awarded a finish position (the 'W rule') if still actively racing and must return to the startline promptly.

13. Hearing Requests

13.1. Hearing Requests should be submitted to the race office (Grannard room)

13.2. The protest time limit is 60 minutes after the last boat has finished the last race of the day or the race committee signals no more racing today, whichever is the later.

13.3. Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses.

13.5. Arbitration will be offered

13.4. Notices of protests by the race committee, technical committee or protest committee will be posted to inform boats under RRS 61.1(b).

13.5. A list of boats that, under SI 1.2, have been penalised for breaking RRS 42 will be posted.

13.6. On the last scheduled day of racing, a request for redress based on a protest committee decision shall be delivered no later than 30 minutes after the decision was posted. This changes RRS 62.2.

14. Scoring

14.1 One race is required to be completed to constitute a championship

14.2. Regatta Scoring.

(a) When fewer than 4 races have been completed, a boat's series score is the total of her race scores.

(b) When from 4 to 8 races have been completed, a boat's series score is the total of her race scores excluding her worst score.

14.3. A boat starting later than 5 minutes after her starting signal will be scored Did Not Start. This changes RRS A4 and A5.

15. Safety Regulations

15.1. [DP] Competitors shall wear personal flotation devices always while afloat, except briefly while adjusting clothing or personal equipment.

15.2. Check-out and check-in of competitors will apply as follows: Tally band for helm and crew

15.3. [DP] A boat that retires from a race, or does not intend to start a race, shall notify the race committee as soon as possible.

16. Replacement of Crew or Equipment

16.1. [DP] Substitution of competitors, including swapping of helm/crew positions, will not be allowed without prior written approval of the race committee. If both crew and helm are replaced, the boat will be regarded as a new entry.

17. Official Boats

17.1. Official boats will display white numbered flags.

18. Support Boats

[DP] Support persons shall stay outside areas where boats are racing from the time of the preparatory signal for the first class to start until all boats have finished or retired or the race committee signals a postponement, general recall or abandonment. Support boats must carry a VHF and are under the supervision of the safety lead.

19. Radio Communication

[DP] Except in an emergency, a boat that is racing shall not make voice or data transmissions and shall not receive voice or data communication that is not available to all boats.

20. Prizes

The prizes to be awarded are as follow

Overall East Coast Champions (*if event sailed under PY, see 5.2*)

1st males 29ers

1st females 29ers

1st Rookies 29er (*first event in the class and U17*)

1st overall 49er/49er FX

21. Risk Statement

21.1. Rule 3 of the Racing Rules of Sailing states: "The responsibility for a boat's decision to participate in a race or to continue racing is hers alone."

21.2. Sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:

a) They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event;

b) They are responsible for the safety of themselves, their crew, their boat and their other property whether afloat or ashore;

c) They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omission;

d) Their boat is in good order, equipped to sail in the event and they are fit to participate;

e) The provision of a race management team, patrol boats and other officials and volunteers by the event organiser does not relieve them of their own responsibilities;

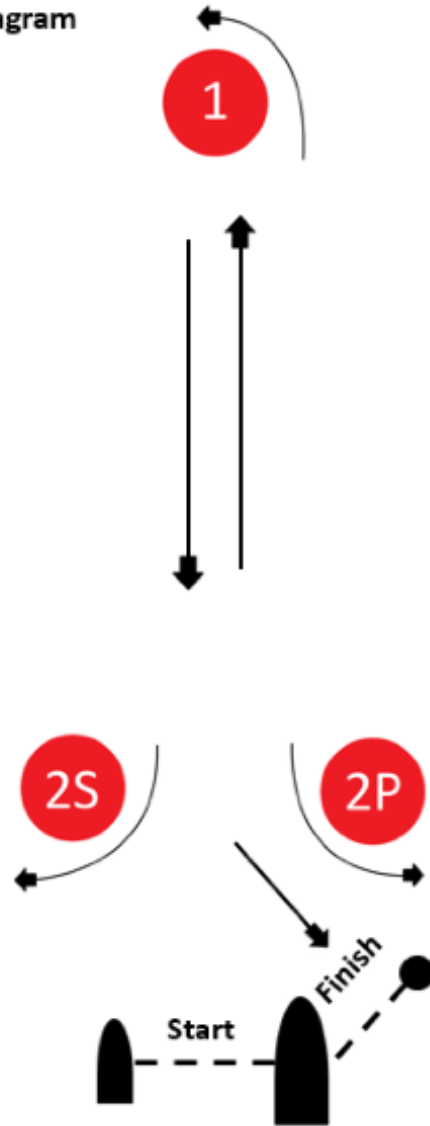
f) The provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances.

g) It is their responsibility to familiarise themselves with any risks specific to this venue or this event drawn to their attention in any rules and information produced for the venue or event and to attend any safety briefing held for the event.

h) Their boat is adequately insured, with cover of at least £3 million (or equivalent in Euros) against third-party claims, or the equivalent in other currencies.

i) In compliance with the International 29er Class association class rules section C.3.1 (b), each competitor shall carry at all times, a SOLAS approved whistle

**Appendix B
Course Diagram**



Signal	Mark Rounding Order
L2	Start – 1 – 2S/2P – 1 – 2P - Finish
L3	Start – 1 – 2S/2P – 1 – 2S/2P – 1 – 2P - Finish