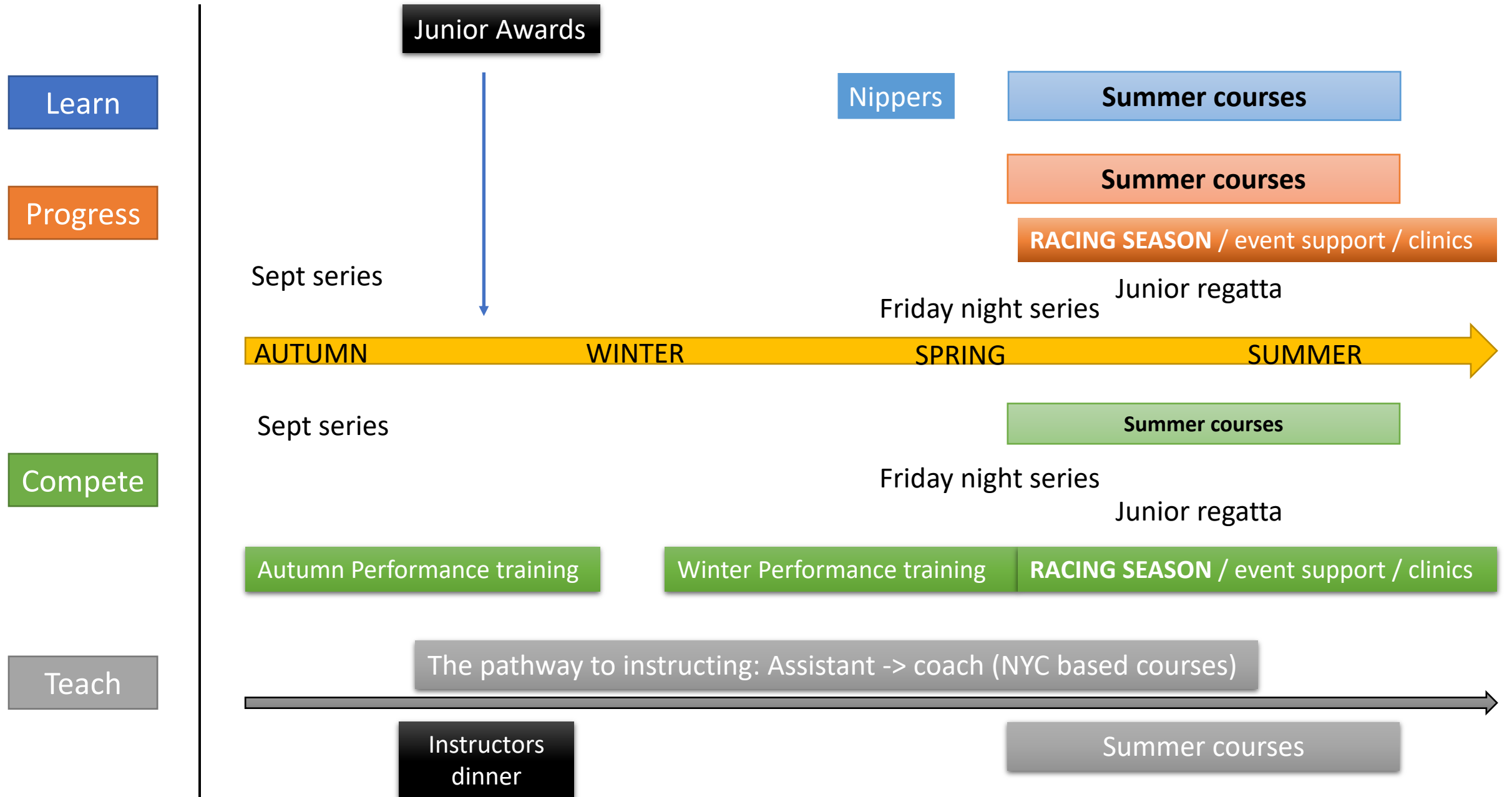


THE JUNIOR SECTION IN ONE SLIDE



Nippers Programme

Get comfortable afloat
Fun Fun Fun



Learn

OPTIMIST
TOPPER
RS FEVA

CLUB boats

Optimist
Topper
RS Feva
RS Venture

SUMMER COURSES

Start early June
Finish mid August

« Building a love for Sailing »
« Growing basic skills »

Irish Sailing Small boat sailing scheme syllabus

Taste of Sailing
Start sailing
Basic skills

Club based racing

Friday night series (spring)
September series (Autumn)

SUMMER COURSES

Start early June
Finish mid August

Progress

« Building a love for Sailing »
« Introducing Racing skills »

Team Racing introduction

ELMO cup (RstGYC)
Leinsters interschool

OPTIMIST
TOPPER
RS FEVA
ILCA 4 & 6
29er
Team Racing

Irish Sailing Small boat sailing scheme syllabus
Advanced boat handling
Advanced courses (Go Racing, kite and wires...)

Transition Year Programme

« skills & certs »

JUNIOR REGATTA

Dun Laoghaire interclub Regatta
(opportunity to race the other clubs Junior regattas)
A great way to test summer courses progress

Introduction to Open events

IODAI, ITCAI, Feva Class, ILA, 29er class
Optimist national training week

Develop (junior)

Club training programmes

Autumn

Winter

Clinics

Performance training during summer courses

Club based racing

Sept series

Friday night series

Junior regatta

Open clinics

Class clinics

Open Racing (with or without support)

ELMO cup (TR)

Open class events

Compete

OPTIMIST

TOPPER

RS FEVA

ILCA 4 & 6

29er

Team Racing

Match Racing

Perform (youth)

Club training programmes

Autumn

Winter

Clinics

Open clinics

Class clinics

International clinics

Open Racing (with or without support)

ELMO cup

Open class events

International events

Irish Sailing squads

29er, ILCA, Topper

Small Boat Sailing Scheme

Summer courses / Nippers

1. Assistant instructor
2. Powerboat course
3. Pre-entry course & assesement
4. Instructor course
5. Safety boat course
6. Advanced instructor course
7. Senior Instructor course

Secure other courses

First aid course

VHF course

Safeguarding course

Garda Vetting

Process starts in [TY programme](#)

Teach

Performance

training programmes / event support

1. Qualified instructor
2. Some racing experience
3. In house training with Head coach
4. Irish Sailing club coach course

The Optimist class at NYC: for Juniors 8-15 (25-55 kgs)

Learn

Club boats charter
Entry level boats: 300-1000EUR

Nippers
Summer courses (SBSS)

Learn to rig
Grow a love for sailing
Basic skills

Low independancy
Instructors help
Emphasis on Fun

Progress

2nd hand boats: 800-3000EUR

Summer courses (SBSS)
Club training programmes
Club racing
Open events (IODAI regatta fleet)
NTW

Intro to Racing
Make friends within club & on
circuit
Basic skills

Growing independancy
Coach help
Emphasis on Fun, friends
Sailing skills in a race
environment

Compete

boats: 2000-6500EUR

Summer Performance courses
Club training programmes
Club racing
Open events (IODAI main fleet)
NTW
International trips

Team NYC
Make friends on the circuit
advanced skills

Self driven, competitive
Coach support
Emphasis on Fun, friends
Sailing & Racing skills in a
competitive environment

Graduate

The transition boats

Topper
RS Feva

The Youth boats

ILCA4 &6
29er

**The non-pathway
boats**

Wazsp
Team Racing
Match Racing
Other club classes
(FF15, J80,
cruisers...)

The Topper class at NYC: for Juniors 12-16 (45-65 kgs)

Learn

Club boats charter
Entry level boats: 300-800EUR

Summer courses (SBSS)

Learn to rig
Grow a love for sailing
Basic skills

Low independancy
Instructors help
Emphasis on Fun

Progress

2nd hand boats: 600-2000EUR

Summer courses (SBSS)
Club training programmes
Club racing
Open events (ITCAI)

Intro to Racing
Team NYC
Make friends on the circuit
Basic skills

Growing independancy
Coach help
Emphasis on Fun, friends
Sailing skills in a race
environment

Compete

boats: 2000-4000EUR

Summer Performance courses
Club training programmes
Club racing
Open events (ITCAI)
Trips away (UK nats, Worlds)
Irish Sailing Squad

Team NYC
Make friends on the circuit
advanced skills

Self driven, competitive
Coach support
Emphasis on Fun, friends
Sailing & Racing skills in a
competitive environment

Graduate

The Youth boats
ILCA4 &6
29er

**The non-pathway
boats**
Wazsp
Team Racing
Match Racing
Other club classes
(FF15, J80,
cruisers...)

The RS Feva class at NYC: for Juniors 12-16 (80-120 kgs combined)

Learn

Club boats charter
Entry level boats: 500-1000EUR

Summer courses (SBSS)

Learn to rig
Grow a love for sailing
Basic skills

Low independancy
Instructors help
Emphasis on Fun

Progress

2nd hand boats: 800-2500EUR

Summer courses (SBSS)
Club training programmes
Club racing
Open events (Feva class)

Intro to Racing
Team NYC on tour
Make friends on the circuit
Basic skills – spinakers & angles

Growing independancy
Coach help
Emphasis on Fun, friends
Sailing skills in a race
environment

Compete

boats: 2000-6000EUR

Summer Performance courses
Club training programmes
Club racing
Open events (ITCAI)
Trips away (UK nats, Worlds)

Team NYC on tour
Make friends on the circuit
advanced skills

Self driven, competitive
Coach support
Emphasis on Fun, friends
Sailing & Racing skills in a
competitive environment

Graduate

The Youth boats
ILCA4 &6
29er

**The non-pathway
boats**
Wazsp
Team Racing
Match Racing
Other club classes
(FF15, J80,
cruisers...)

The ILCA class at NYC: for Youth 14-18 (55-75 kgs)

Progress

Club charter
2nd hand boats: 1000-3000EUR

Summer courses (SBSS)
Club training programmes
Club racing
Open events (ILA)

Intro to Racing
Team NYC
Make friends on the circuit
Basic skills

Growing independancy
Coach help
Emphasis on Fun, friends
Sailing skills Focus

Compete

boats: 2500-9000EUR

Summer Performance courses
Club training programmes
Club racing
Open events (ILA)
Trips away (TBA)
Irish Sailing Squad / Academy

Team NYC
Make friends on the circuit
advanced skills

Self driven, competitive
Coach support
Build a strong basis to
represent the club nationally
and internationally

Graduate

Or not...

Club Adult ILCA programmes

High Performance programmes
Irish Sailing development squad
Irish Sailing Olympic squad

Bring your skills to other boats

Wazsp
Team Racing
Match Racing
Aeros
(...)

The 29er class at NYC: for Youth 14-18 (100-135 kgs combined)

Progress

Club charter
2nd hand boats: 2500-5000EUR

Summer Entry level courses
Club training programmes
Club racing
Open events (29er Ireland)

Intro to Racing
Team NYC
Make friends on the circuit
Basic skiff skills

Growing independancy
Coach help
Emphasis on Fun, staying upright
Sailing skills Focus

Compete

boats: 5000-16000EUR

Summer Performance courses
Club training programmes
Club racing
Open events (ILA)
Trips away (UK, Eurocups, worlds....)
Irish Sailing Academy

Team NYC
advanced skills

Self driven, competitive
Coach support
Build a strong basis to represent the
club nationally and internationally

Graduate

Or not...
Young adults 29er training

High Performance programmes
49er & FX Irish Sailing
Development squad
49er & FX Irish Sailing Olympic
squad

Bring your skills to other boats
Wazsp & Moth
SB20
Match Racing
49er & 49er FX
(...)

The NYC is the Academy base for the season 2023-2024

A year of inspirational successes for our junior & youth sailors

29er

Gemma Brady (13)

Worlds team

3rd on 2023 rankings

2nd at nationals

Louise Hanley (14)

International dvpt team

10th on 2023 rankings

Basile Dion (12)

U12 squad

4th on Junior 2023 rankings

4th at junior nationals

Aurele Dion (10)

5th on junior rankings 2023

6th at junior nationals

Alex Butcher (11)

U12 squad

4th on Junior 2023 rankings

4th at junior nationals

Jacob Browne (12)

10th on Junior rankings 2023

Michael Hanley (12)

National champion (reg fleet)

OPTIMIST

Rory Brennan-Hobbs
Winner of RYANI Youth event
Gold fleet worlds
Gold fleet UK open

Kate Kenny
3rd Youth girl at nationals
Gold fleet worlds

Grace Keating
3rd Junior girl at nationals
Gold fleet worlds

TOPPER

ILCA

Sam Ledoux (ILCA6)
Member of the Academy
5th on the 2023 rankings
4th at youth nationals
4th at Open nationals

RS Feva

Grace Keating & Hannah
Walsh
2nd at nationals

Felix Dion & Lucas Browne
3rd at nationals
2nd at RYANI youth event

Matthew Holden & Peter
Ridout
Winner of RYANI Youth event



Ben O'Shaughnessy & Ethan
Spain

European champion

National champion

2nd at Pre worlds (UK nats)

Clementine & Nathan van
Steenberge

World champion

4th at Europeans (Mixed)

2nd at nationals

5th Kiel week

Lucia Cullen & Alanna Twomey

European champion (ladies)

4th at worlds (ladies)

2nd at nationals (ladies)

Lauren O'Callaghan & James
Dwyer

3rd at nationals