



IRISH SCHOOLS TEAM RACING ASSOCIATION (I.S.T.R.A.)

The Leinster Schools Team Racing Championship

Sunday 12th March, 2023

Reserve Day (Sunday 26th March, 2023)

Hosted by The National Yacht Club

Sailing Instructions

1. Rules

1.1 Racing will be governed by the rules as defined in the Racing Rules of Sailing (RRS) including Appendix D, Team Racing Rules.

1.2 When required by RRS 40, each competitor shall wear a personal flotation device (PFD) that complies with ISO 12402-5 -Level 50 or equivalent, unless a higher specification is specified in the notice of race.

1.3 Wet or dry suits shall be worn afloat.

1.4 Addenda A, B and C to these sailing instructions (SI's) always apply. Other addenda apply only when so stated. The letters D and I are not used to identify addenda.

1.5 If a conflict between the Sailing Instructions and the Notice of Race arises, neither will take precedent.

2. Eligibility and Registration

2.1 To become eligible a team shall register as required by the Notice of Race.

2.2 After registration, no team member may be changed without the prior written consent of the race committee which will be given only in exceptional circumstances.

3. Event Format and Schedule of Races

3.1 The intended format of the event is described in SI Addendum B. The format may be modified during the event in a fair and practical way as solely determined by the Organising Authority (O.A.) and Race Committee (R.C.) and considering the entries, weather conditions, time constraints and any other relevant factors. The format choice to be sailed will be determined by the race committee before racing on a given day.

3.2 The Organising Authority and Race Committee shall consist of an I.S.T.R.A. Representative and members of the National Yacht Club.

3.3 The initial schedule of races will be displayed on the official notice board. Any changes thereto and schedules for subsequent races will be displayed not less than 10 minutes before the start of those races.

3.4 Every race will be assigned a race number in the race schedule.

3.5 The race committee may at any time postpone a race and reschedule it later.

3.6 When a completed race has been abandoned and the result would not affect which teams qualify for a further stage, the race committee may cancel the race.

4. Protests, Requests for Redress and Penalties

4.1 Protests and requests for redress that have not been decided afloat shall be notified to the race office within 10 minutes after the relevant incident or, if the incident is afloat, within 10 minutes after coming ashore.

4.2 When the outcome of a protest or request for redress would not affect which teams qualify to a later stage, the protest committee may refuse to hear it. This amends RRS 63.1.

4.3 When RRS D2 applies and the race umpires together with one other umpire (when available) decide that a boat has broken RRS 14 and there is damage or injury, they may penalise her team by half a race win without a hearing. The boat will be informed as soon as practical and may request a hearing. Any penalty after a hearing will be in accordance with RRS D3.1(e). This amends RRS 63.1.

4.4 When a boat is scored DNSC (did not sail the course), six points shall be added to her score. This amends RRS A5.2.

4.5 When the race committee decides that a competitor has broken SI 1.2 OR SI 1.3 it shall penalise the competitor's team one race win without a hearing. This amends RRS A5.2.

4.6 When the protest committee decides that a breach of a rule, other than a rule of RRS Part2, has had no effect on the outcome of a race, it may make any arrangement it decides is equitable, which may be to impose no penalty. This amends RRS 64.2 and D3.1.

4.7 A boat may not protest another boat under SI Addendum L. This amends RRS D1.2(a).

5. Risk Statement

5.1 Rule 3 of the Racing Rules of Sailing states: "The responsibility for a boat's decision to participate in a race or to continue racing is hers alone."

5.2 Sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event, each competitor agrees and acknowledges the risk statement as included in the Notice of Race.

6. Code of Conduct

6.1 Competitors shall comply with any reasonable request from any official, including attendance at official functions, co-operation with event sponsors and shall not behave to bring the event into disrepute.

6.2 Competitors shall oversee the boats and equipment with proper care and seamanship.

6.3 The penalty for breaking instruction 23.1 and 23.2 is at the discretion of the protest committee and may include exclusion from further participation in the event, the withdrawal of any prize or the withholding of deposits.

6.4 Participants are expected at the event to conduct themselves reputedly both on and off the water. Any hailing on the race course shall be done in a reasonable manner and compliant with the Racing Rules of Sailing. Any miscalling such as hailing 'Protest' without a red flag to intimidate a competitor or calling for 'Room' when clearly not entitled to it or calling in a threatening manner will be considered by the umpires as a breach of Sportsmanship and will result in an immediate two turns penalty per RRS D2.3g. Persistent breaches may result in further action by a Protest Committee up to disqualification from the event.

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A. Event Related Rules

B. Event Format

C. Courses

D. Round-Robins

Addendum A – Event Related Rules

Event Program

Sunday	0815	Boat Rigging – NYC Platform
	0930	Start of Racing
	1630	No knockout races will start (after 1630)

A1 Additional Rules

A1.1	RRS D2 applies. Races will be umpired.	Yes
A1.2	RRS D1.1(d) applies. Arm Signals are required.	No
A1.3	A boat capsized after her starting signal, so that the top of her mast has touched the water, shall retire promptly	Yes
A1.4	Provided the flag remains on the buoy there shall be no penalty when a boat touches any part of a flag which does not surround the staff of a mark. This amends RRS 44.1.	No
A1.5	A personal flotation device that complies with SI 1.2 shall be worn at all times while afloat.	Yes
A1.6	Wet or dry suits shall be worn while afloat	Yes
A1.7	Spinnakers, trapezes and the gear specifically provided for the utilisation of these shall not be used.	Yes

A2 Other Rules for Boats

A2.1 Continuity

Before starting and after finishing or retiring, boats shall sail to minimise any delay to the race schedule and without interfering with any race in progress.

A2.2 BREAKAGES

- a) In the case of a breakdown that is through no fault of either the teams about to race and signalled before the one-minute signal of the race, the race committee may decide to sail a race with only two boats per team. The race committee's decision will be communicated to teams either verbally ashore or by the race umpires.
- b) When the race committee decides to run a 2-boat per team race, D.3.1(d) is modified to read "The team with the lower total points wins the race. If the totals are equal, the team that did not have the last-place boat wins."
- c) When the race committee decides to run a 2-boat per team race and when D4.2 (b) or (d) apply, the boats that did not race will be considered to have scored points equal to fifth place.

A2.3 ELECTRONIC DEVICES AND COMMUNICATIONS WHILE RACING

- a) The use of electronic instruments is prohibited other than compass, watches, and small video devices such as Go-Pros.
- b) boats shall not transmit on any electronic communication device (including mobile phones) except in an emergency, or in response to a request from the race committee. See also RRS D1.1(g).

A2.4 WHEN LEAVING OR RETURNING TO THE SLIPWAY OR PONTOON

Boats shall comply with local regulations, including speed restrictions and navigation marks, while leaving or returning to the slipway or pontoon.

A2.5 REQUIRED ACTIONS AT END OF THE DAY

- a) At the end of the sailing day, the crew shall complete the following tasks:
- b) Sails shall be rolled, bagged, and placed, as directed.
- c) The boat shall be left in the same state of cleanliness as when first boarded that day.
- d) The crew shall comply with any directions posted on the boats or otherwise given to the crew by the race committee.
- e) The boat shall be returned to the deck or other notified location and secure it safely in accordance with any local instructions.

A3 Communications with Competitors

A3.1 Notices to Competitors

Notices to competitors will be posted to Team Captains, the School Representatives and the Organising Authority on WhatsApp and on the Host Clubs Official Notice Board.

A3.2 CHANGES TO SAILING INSTRUCTIONS

Such changes will be posted on the official notice board not less than 10 minutes before the warning signal of the first affected race. Oral instructions may be given on the water by the Race Committee and/or the umpires prior to the warning signal. Any changes to the starting time of the first race of the day will be posted by 19.00 on the day before it will take effect.

A3.3 SIGNALS MADE ASHORE

Signals made ashore will be displayed on the Club flagpole.

A4 Courses, Marks, Starting & Finishing Lines, Obstructions and Time Limits

A4.1 RACING AREA

The racing area will be outlined during the umpire briefing.

A4.2 COURSE

The course will be course C1 as described in SI Addendum C.

A4.3 MARKS

The marks on the course will be shown at the umpire briefing. The race committee may move marks of the course at any time. RRS 27.2 and RRS33 will not apply.

A4.4 OBSTRUCTIONS

Obstructions will be marked by buoys, and local obstructions will be outlined at the umpire briefing.

A4.5 STARTING LINE

The starting line will be between the committee vessel and the nearby yellow cylindrical inflatable mark. An inner limit mark may be laid adjacent to the start boat. No boat shall pass between this mark and the start boat.

A4.6 FINISHING LINE

The finishing line will be between Blue Flag on the committee vessel and the nearby yellow cylindrical inflatable mark. An inner limit mark may be laid adjacent to the finish boat. No boat shall pass between this mark and the finish boat.

A4.7 TIME LIMITS

The time limit for each race shall be 20 minutes.

A5 Starting Procedure

A5.1 STARTING SIGNALS

Races will be started by using the signals and timing selected in the following table. Times shall be taken from the start of each sound signal; the failure of a visual signal shall be disregarded. No visual signals will be provided. This amends RRS 26.

Signal	Time before Starting Signal	Sound	No Visual Signals
Warning	3 mins	Three Long	Batons may be used
Preparatory	2 mins	Two Long	Batons may be used
One-Minute	1 min	One Long	Batons may be used
	30 secs	Three Short	
	20 secs	Two Short	
	10 secs	One Short	
	5, 4, 3, 2, 1 sec(s)	One short every second	
Starting	0	One Long	

Attention may be drawn to an imminent warning signal by a series of short sound signals.

A5.2 RECALL SIGNALS

When a boat is subject to RRS 29.1, flag X need not be displayed for more than 2 minutes after the starting signal; this amends RRS 29.1. The race committee may hail the sail numbers or the total number of premature starters at its sole discretion.

A5.3 TIME LIMIT FOR STARTING

A boat that fails to start within 2 minutes of her starting signal shall be scored RET (retired) without a hearing. This amends RRS 63.1 and D3.1(a).

A5.4 GENERAL RECALL

After a general recall, succeeding races may be delayed for the recalled race.

Addendum B - Event Format

B1 Event Format

The format for each stage of the event shall be selected from the following standard formats. The specified addendum for each format contains the necessary race schedules, or procedures to create the schedules, together with rules which shall apply for scoring and breaking ties. Each stage of an event may use a different format. The race committee may change the format as provided in Rule 3.1.

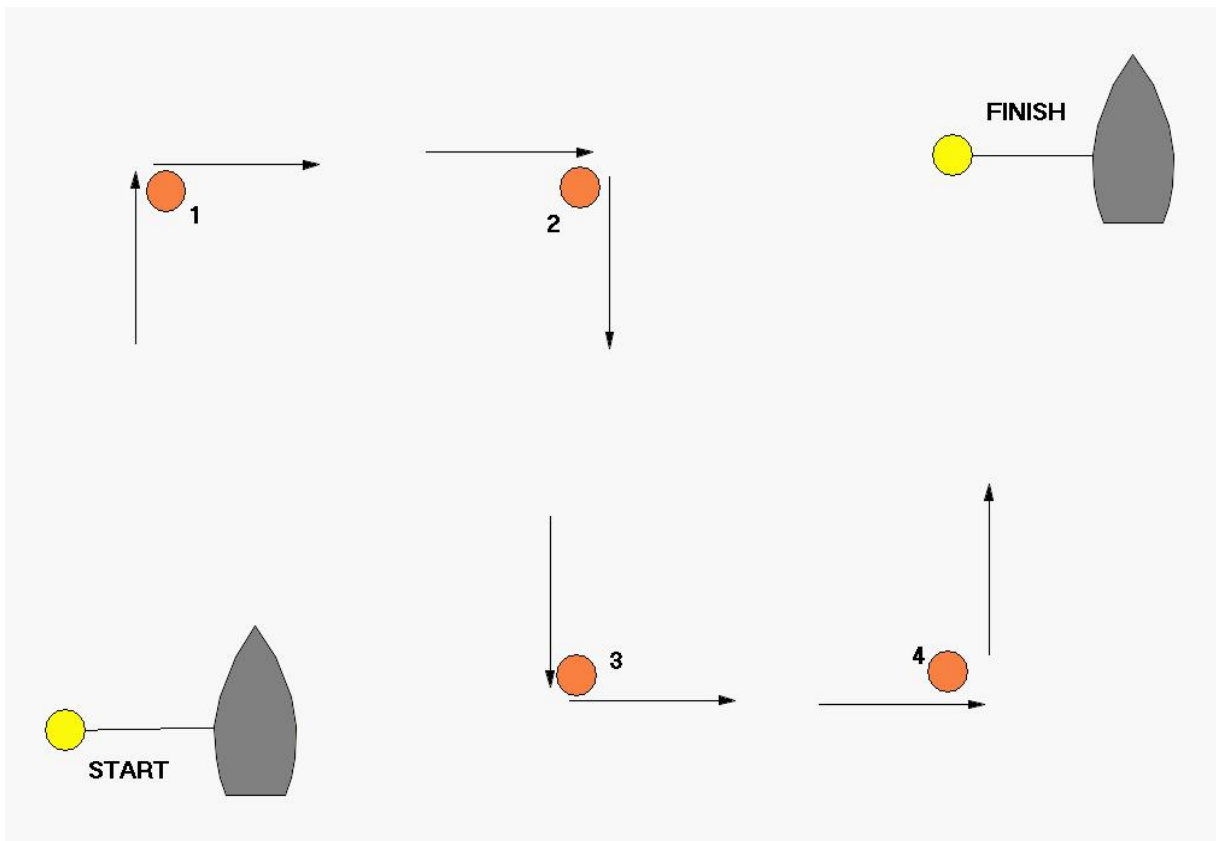
Code	Description	Format Rules
	Round-robin(s)	RRS D4.3, D4.4 and Addendum E
KO	Knock-out	RRS D4.5

For each stage, any assignment of teams to groups or matches and the method of qualification for the next stage shall be stated. For a round-robin stage, the number of round-robins in the stage, any carry-forward and weighting applied of scores from an earlier stage and any change to the percentage in RRS D4.3(b) shall be stated.

For a Knock-Out stage, the number of race wins required to win a match shall be stated, as RRS D4.5. However, if not stated the winner shall be the first team to score two race wins. The intended format is:

Stage	Description	Format Rules
1	Round Robin(s)	Round Robin will be according to the Flight Sheets that will be issued on Sunday 12 th March.
2	Knock-out (KO)- Quarter Finals	Quarterfinals will occur based on a draw by the OA. The winners will be the first team to score a single race win. This may vary, at the discretion of the race committee, for any individual fleet or all fleets.
	KO – Semi-Finals	<p>Semi-Final 1 Winner Quarter -Final 1 vs. Winner Quarter -Final 4</p> <p>Semi-Final 2 Winner Quarter -Final 2 vs. Winner Quarter -Final 3</p> <p><i>Number of races to be sailed will be designated by the O.A. verbally on the day</i></p>
4	KO – Finals	<p>Final Winner Semi-Final 1 vs. Winner Semi-Final 2</p> <p><i>Number of races to be sailed will be designated by the O.A. verbally on the day</i></p>

Addendum C - Courses



C2 RECTANGULAR COURSE

Not in use

C3 OTHER COURSE

As displayed on the official notice board.

Addendum D - Round Robins in Groups

(Will be designated by the O.A. on the first day of racing)

D1 Round Robins in Groups

D1.1 The stage shall be scored in accordance with RRS D4.3 and D4.4