

**Sia Partners Irish Sailing Women at the Helm 2022
Sat 27th & Sun 28th August 2022**

Sailing Instructions

The Organising Authority (OA) is National Yacht Club (NYC), in association with Irish Sailing.

1. Rules

1.1 The regatta will be governed by the Current Racing Rules of Sailing (RRS), the prescriptions of Irish Sailing, Irish Sailing ECHO STANDARD Performance Handicap System for Keelboats, the Notice of Race and these Sailing Instructions and any changes thereto.

1.2 The prescriptions of Irish Sailing will apply.

1.3 In the event of a conflict between the Notice of Race and the Sailing Instructions, the Sailing Instructions (SI) shall prevail.

1.4 If unrated by IS or the RYA, the Organising Authority reserves the right to allocate an ECHO Standard to any boat based on recognised ratings of similar boats.

2. Notice to Competitors

2.1 Notices to competitors will be posted on the official regatta notice board on www.sailing.ie/womenatthehelm. A WhatsApp group invite will be sent to skippers for event communications. Link to join WA here ...
<https://chat.whatsapp.com/KenXhEbUQtK3T9PsJaza2R> .

3. Changes in Sailing Instructions

3.1 Changes to SIs will be posted before 0900 on the day they take effect, except that any change to the schedule of races will be posted by 2000 on the day before it will take effect. Changes will be forwarded to WhatsApp group.

3.2 Notwithstanding the provisions of SI 3.1, changes to the SIs may be instructed orally on the water, to All Classes including by VHF on the channel designated for the event. Channel to be confirmed at briefing. Such oral changes will be communicated to the Class before the Warning Signal of the race for which the change takes effect. This includes changes to the Race Schedule. Failure to receive such a transmission shall not constitute grounds for redress. This changes RRS 62.1.

4. Signals made ashore

4.1 Signals made ashore will be displayed from a flagpole at NYC.

4.2 When flag 'AP' is displayed ashore, "1 minute" is replaced by "not less than 60 minutes" in the race signal AP.

5. Schedule of Races

5.1 A briefing will be held for all competitors at NYC at 1000 on Saturday 27th August 2022

5.2 Schedule of races;

Saturday 27th August: Up to three races - Back-to-Back

Sunday 28th August: Up to three races - Back-to-Back

5.3 The scheduled time of warning signal for the first fleet on each course

Saturday 27th August: 11:55 am (HW 12:42 3.73m)

Sunday 28th August: 10:25 am (HW 13:09 3.83 m)

5.4 On the last scheduled day of racing Sunday 28th August, the first warning signal for a race may not be made after 1400 hrs. This shall not be grounds for a request for redress.

5.5 Race areas, Groups of Classes, Signal Vessels, and Marks may be changed or substituted by the Race Committee.

6. Signals from the Committee Boats

6.1 All Classes

Day & Date	First Warning Signal	Starting Sequence	CLASS FLAG
Saturday 27 th August	1155	Class 1= Echo Std \geq 0.950	Numeral 1
		Class 2 = Echo Std, < 0.950	Numeral 2
		Class 3 = Sportsboats (J80, 1720, SB20)	3rd Sub
		Class 4 = Flying Fifteens	Naval 6
Sunday 28 th August	1025	Class 1= Echo Std \geq 0.950	Numeral 1
		Class 2 = Echo Std < 0.950	Numeral 2
		Class 3 = Sportsboats (J80, 1720, SB20)	3rd Sub
		Class 4 = Flying Fifteens	Naval 6

6.2 For all classes, coloured pennants shall be clearly displayed from the backstay of all boats throughout the event. Event will provide the pennants on registration.

6.3 Class allocation can be found [HERE](#).

7. Racing Area

The racing area will be:

All classes: To be advised at the briefing and by VHF.

8. Course

8.1 All classes will be on one course. (There may be three races back-to-back.)

9 Start

9.1 To alert boats that a sequence of races will begin soon, an orange flag may be displayed with one sound signal at least five minutes before a warning signal is displayed.

9.2 The starting line will be between the red and white staff on the race committee starting vessel at the starboard end and the port-end starting mark.

9.3 The Race Committee may lay an inner distance mark close to the Race Committee Vessel and no boat shall sail between the Race Committee Vessel and the inner distance mark.

9.4 For all classes, in addition to RRS 29.1, the Race Committee will, if possible, broadcast individual OCS sail numbers no earlier than 30 seconds after the starting signal on the designated VHF channel. Failure to do so or delay or the order of the broadcast will not be grounds for a request for redress. This changes RRS 62.1(a).

9.5 A boat starting later than 10 minutes after her starting signal will be scored Did Not Start without a hearing. This changes RRS A3 and A5.

10. Recalls

10.1 Individual recalls will be signalled in accordance with RRS 29.1 and may be announced on the radio.

10.2 General recalls will be in accordance with RRS 29.2. When a general recall has been signalled, the starts for other classes not yet started will be postponed to follow the re-start of the recalled class.

11. Finish

The finishing line will be between the main mast of a Race Committee Vessel displaying a blue flag, and the finishing mark.

12. Courses and Marks

12.1 A course letter, [A-R], and number [1, 2, 3, 4, 5, or 6] will be displayed on the Race Committee Vessel from approximately (3) three minutes before the start of each class to approximately (1) one minute after the start of each class and may be announced on the radio. The letter and number shall designate the course to be sailed for that class as defined in the following list of courses on **DBSC course card for 'Thursday-Red fleet'** [Thursday-FreeBird-Red-Fleet-RTC-issued-14.04.22.pdf \(dbsc.ie\)](#) This changes RRS 27.1.

12.2 Marks of the course will be navigation buoys and racing marks positioned in Dublin Bay the approximate position as shown on the chart attached with these sailing Instructions.

12.3 Starting and finishing line outer limit marks may be candy striped inflatable marks or a pin type with a flag. Inner distance marks, if laid, may be of the 'Dan Buoy' type.

12.4 The race start will be approximately North to North East of Dun Laoghaire Harbour.

12.5 The Race Committee finishing boat shall be approximately positioned to weather of the last mark of the course (unless shortened) The finishing line shall be between the main mast of a Race Committee Boat displaying a Blue Flag, and the finishing mark.

12.6 **Platonic Course using designated DBSC fixed marks - see Appendix B 'DBSC - Racing Marks and Bearings 2022'.**

IC Flag R flown from the hoist on the flagship indicates that a Platonic Course using designated DBSC fixed marks will be sailed.

A red or green flag will be displayed to show which way the marks are to be rounded. The marks to be rounded will be identified and the order of rounding will be displayed on the Committee Boat at approximately 4 mins before the start of each class, and may be announced on the radio. This changes RRS 27.1

13 Penalty System

13.1 RRS 44.1 is changed so that the Two-turn Penalty is replaced by a One-turn Penalty.

14. Time Limits

14.1 **All Classes.** Boats will be timed up to 20 minutes after the second boat of their class finishes; otherwise they will be scored Did Not Finish. This changes RRS 35, A3 and A5.

15. Protests and Requests for Redress

15.1 Protest forms are available on the Notice Board on www.sailing.ie/womenatthehelm . Protests and Requests for Redress or reopening shall be delivered there within the protest time limit.

15.2 The protest time limit is 90 minutes after the last boat has finished the last race of the day or the race committee signals no more racing today, whichever is later.

15.3 Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses.

15.4 Notices of protests by the race committee or protest committee will be posted to inform boats under RRS 61.1(b).

15.5 On the last scheduled day of racing a request for reopening a hearing shall be delivered

- a) within the protest time limit if the requesting party was informed of the decision on the previous day;
- b) no later than 30 minutes after the requesting party was informed of the decision on that day.

This changes RRS 66.

15.6 On the last scheduled day of racing a request for redress based on a protest committee decision shall be delivered no later than 30 minutes after the decision was posted. This changes RRS 62.2.

15.7 RRS Appendix T, Arbitration, will apply. If a party is not present at an arbitration meeting, any party that was present may take a Post-Race Penalty at any time until the Protest committee has completed taking evidence. This changes RRS T1 (a).

16. Scoring

16.1 The Low Point System of Appendix A of the RRS will apply.

16.2 Boats racing under the Portsmouth Yardstick shall race using the boat's standard rig.

16.3 Two races are required to be completed to constitute a series.

16.4 When 3 races have been completed, a boat's series score will be the total of her race scores.

16.5 When 4 or more races have been completed, a boat's series score will be the total of her race scores excluding her worst score.

16.6 Club Teams. Clubs may enter a team under the following criteria:

- a) Teams of three boats, racing under (Keelboats)/Scratch (One Designs)/PY (Sundry Dinghies).
- b) No boat shall be a member of more than one team
- c) Team scores will be calculated as follows:
 - each boat's series score (see A2.1 and NOR11.4 and 11.5) shall be multiplied by 100 then divided by the number of entries in that class.
 - then adding together the results for the 3 boats in the team.
- d) The team with the lowest team score wins and other teams shall be ranked accordingly.

17. Prizes

17.1 Overall prizes will be awarded to (but not exclusively):

- Perpetual Club Team (see 11.6)
- 1st, 2nd & 3rd in each class with 5 entries or more
- 1st & 2nd in each class with less than 5 entries
- 1st in each class with less than 3 entries
- Silver Sailors – helm over 60 years
- All female crewed boat

17.2 The Roy Family Team Trophy prize shall be awarded to the best performing team of 3 boats from an Irish Sailing or RYA affiliated club on the island of Ireland. Teams shall be defined in advance and shall register their eligibility for this prize at event registration. A club may register more than one team.

18.3 Additional prizes may be awarded at the discretion of the OA.

18. Safety Regulations

18.1 Personal Flotation Devices should be worn at all times by competitors whilst afloat, except briefly while changing or adjusting clothing or personal equipment. Wet suits and dry suits are not personal flotation devices. ICF 'Y' will not be displayed. This changes RRS 40. [NP]

18.2 A boat that retires from a race shall notify the RC as soon as possible.

19. Radio Communication

19.1 For All Classes, it is strongly recommended that all yachts carry a VHF radio. Communication on general matters relating to racing and safety may be transmitted by the RC. The RC will inform competitors at the briefing which channel will be used for these communications. The OA will **not** provide VHF radios for competitors but each competing crew shall be deemed to have a functioning VHF radio and to be keeping watch on the designated VHF channel for the event at all times whilst afloat.

19.2 A boat shall neither make nor receive radio transmissions which are not available to all boats. This restriction also applies to mobile phones.

20. Restricted Areas

20.1 All boats will give way and keep clear of commercial shipping. A boat reported by a harbour master for interference with commercial shipping in Dublin Bay will be disqualified from that days racing without a hearing. (Amends RRS 63.1) Such a disqualification will be notified to the boat in the race results.

21. Disclaimer of Liability

21.1 It is the sole responsibility of the person in charge of each team to decide if that team should race in the prevailing conditions or not. It is the sole responsibility of the person in charge of each boat to decide if that boat should race or continue to race.

21.2 Competitors compete in the event entirely at their own risk – see RRS 4, Decision to Race. The OA will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during or after the event. The OA encompasses everyone helping to run the event.

22. Environment Sustainability

22.1 This event is registered with Sailors for the Sea Clean Regattas. Competitors, team leaders, coaches, volunteers, race officers and all stakeholders will be asked to follow these guidelines.

- a) Results will be displayed online at www.sailing.ie/womenatthehelm
- b) Bring your own reusable bottles and lunch containers – event will have a zero single use plastic policy.
- c) Care to be taken to dispose of all waste in the appropriate bins provided – landfill, recycle, compost.
- d) Rule 47 will be imposed –
 - 47 TRASH DISPOSAL A competitor shall not intentionally put trash in the water. This rule applies at all times while afloat. The penalty for a breach of this rule may be less than disqualification.
- e) Complete an event travel audit on registration.
- f) Request for “Water Only” wash down and only as required.
- g) Zero use of harmful clean products at event site – bio cleaning fluid is made available if required.
- h) All support motor vessels to have a bilge pad on board – available from registration desk foc.
- i) Any waste created in yard from maintenance to be collected and disposed of appropriately. No wash off allowed.
- j) Any collisions with wildlife or site of injured wildlife to be reported to race office.
- k) All support boats to register and numbers will be kept to a minimum, with pooling recommended where possible.
- l) See event sustainability page for further details on sustainability efforts and advise <https://www.sailing.ie/Events/Irish-Sailing-Women-at-the-Helm/-Event-Sustainability>
- m) Sewage discharge is not allowed for the duration of the event. Dun Laoghaire Marine has a holding tank pump-out facility available from the fuel pontoon. Please contact the Marina Administration Office for further information regarding this service

List of Appendices:

Appendix A:

DBSC course card for 'Thursday-Red fleet'

[Thursday-FreeBird-Red-Fleet-RTC-issued-14.04.22.pdf \(dbsc.ie\)](#)

Appendix B:

DBSC - Racing Marks and Bearings 2022

<https://www.dbsc.ie/wp-content/uploads/2022/03/DBSC-Racing-Marks-and-Bearings-2022.pdf>

https://www.dbsc.ie/wp-content/uploads/2022/05/2022_yacht_racing_marks-.pdf