

Organising Authority: National Yacht Club, in conjunction with Irish Sailing

NOTICE OF RACE

27th + 28th August 2022

www.sailing.ie/WomenAtTheHelm

1. RULES

1.1 The regatta will be governed by the Racing Rules of Sailing (RRS), the prescriptions of Irish Sailing, Irish Sailing ECHO STANDARD Performance Handicap System for Keelboats and Portsmouth Yardstick system shall be in place using the boat's standard rig for Dinghies. Class Association rules where applicable, this Notice of Race and the Sailing Instructions and any changes thereto.

2. ADVERTISING & BOW NUMBERS

2.1 Boats may be required to display bow numbers and advertising chosen and provided by the organising authority.

3. ELIGIBILITY & ENTRY

- 3.1 The regatta is open to all boats and classes listed in the table of Entry Fees below and any other classes accepted by the Organising Authority (OA) (ref. 4.1).
- 3.2 All boats must be helmed by a female helm aged 16 years or over while racing. A minimum of half of the boat's crew members, including the helm, must be female.
- 3.3 Eligible boats may enter by completing the online entry form and submitting the appropriate entry fee.
- 3.4 Helms and crews who will be under 18 years of age during the event shall submit signed Parent/Guardian Declarations at event registration, available as part of online entry.
- 3.5 Entry deadline 22 August 2022
- 3.6 CRUISER CLASSES (ECHO STANDARD) with a TCC rating between .770 and 1.250
- a) Boats shall submit a valid 2022 ECHO STANDARD handicap no later than 1700hrs on Fri 19th August 2022.
 - b) Entries will be split into classes based on rating, or exceptionally for other reasons, depending on the number of entries. For advisory purposes only, it is intended that Class 1 shall be boats with a rating of between .950 and 1.250 whilst Class 2 shall be boats with a rating of between .770 and .949. These bands may be moved at the sole discretion of the Race Committee. The allocation of entries into classes will be posted on the event website by 1700hrs on Wed 24th Aug 2022.
 - c) Boats outside these limits may be accepted at the sole discretion of the OA.
 - d) Boats with no ECHO and who are not regularly racing may apply for a discounted ECHO of €10 between 15th – 19th August 2022.
- 3.7 CRUISER NON-SPINNAKER (ECHO STANDARD)
- a) Boats shall only sail with a mainsail and either a jib or genoa (whisker poles are allowed).
 - b) Boats shall submit a valid 2022 ECHO STANDARD handicap TCC rating of .820 and above issued no later than 1700hrs on Fri 19th August 2022.
 - c) Entries may be split into divisions based on rating. This split will be posted on the event website by 1700hrs on Wed 24th Aug 2022.
- 3.9 BOATS IN THE CRUISER CLASSES (ECHO STANDARD), CRUISER NON-SPINNAKER (ECHO STANDARD), SPORTSBOAT (ECHO STANDARD) shall display coloured ribbons prominently from a backstay, as required by the Sailing Instructions.

4. FEES

4.1 Required fees per boat are as follows:

CLASS	Early Bird* to 25 July	Full to 22 Aug
Dinghies: All dinghies PY (<1220),		
- Singlehanders	€50	€70
- Doublehander, including Flying Fifteen, Squibs, etc.	€75	€95
Fleets may be split depending on entry numbers at the discretion of OA		
Sportsboats on ECHO standard: J80, 1720, SB20 etc	€135	€155
- Under 25**	€75	€75
Other Keelboats on ECHO standard	€135	€155
- Under 25**	€75	€75

*Boats fully crewed by crew under 25 years on 31st Dec 2022 will pay Early Bird Entry fee up to close of entry on 22nd Aug, funded by National Yacht Club.

** Keelboats and sportsboats fully crewed by under crew 25 years on 31st Dec 2022 pay a subsidised fee, funded by ICRA and Irish Sailing

4.2 Other fees...

4.2.1 Social Program:

- Friday 26th August – casual dining in NYC dining room with Presentation of Sailors Adventures and Achievements 1900
- Saturday 27th August Deck BBQ, Music (dress code casual)

4.2.2 Craning:

- Visiting boats: up to 8m & stepping/unstepping mast: €100 (NYC Members price will apply for crane / powerhose bookings)
- Keelboats and sportsboats fully crewed by under 25 years on 31st Dec 2022: Free Craning, funded by National Yacht Club
- Other boats: POA

5. SCHEDULE

5.1 Registration will take place at NYC as follows:

- Friday 26th August 1700hrs – 1900hrs
- Saturday 27th August 0800hrs – 0900hrs

5.2 Dates of racing:

- Saturday 27th & Sunday 28th August

5.3 Six races are scheduled for all

5.4 Three races are scheduled each day. However, at the sole discretion of the Race Officer, a fourth race may be run on either day.

5.5 Briefing shall take place in the NYC at 1000hrs on Saturday 27th August. The scheduled time of warning signal for first fleet on each course is 1155hrs on Saturday 27th August and 1025hrs on Sunday 28th August.

5.6 On the last scheduled day of racing, the first warning signal of a race may not be made after 1400hrs. This will not be cause for redress.

6. MEASUREMENT

- 6.1 The Race Committee reserve the right to carry out Equipment Inspection on any competitors Boat or Equipment. When notified the competitor will follow the instructions of the Equipment Inspector.

7. SAILING INSTRUCTIONS

- 7.1 The sailing instructions will be available on line at www.NYC.ie and www.sailing.ie/Events/IrishSailing-Women-at-the-Helm on **Wed 24th August 2022**. Competitors are required to print their own copies or download (sustainability).

8. VENUE

- 8.1 The venue is the National Yacht Club, Dun Laoghaire.
8.2 The fleet racing areas will be on the waters of Dublin Bay and will be detailed at the race briefing.

9. COURSES

- 9.1 For Dinghies, the courses to be sailed may be a combination of windward-leeward legs and triangles. Courses will be detailed in the Sailing Instructions.
9.2 For Keelboats & other Sports Boats the courses will use the DBSC Marks. Courses will be detailed in the Sailing Instructions.
9.3 All keelboats & other Sports Boats will be required to carry a VHF radio for ease of communication with Committee Boat.

10. PENALTY SYSTEM

- 10.1 For all keelboat & dinghy Classes, RRS44.1 is changed so that the Two Turns penalty is replaced by the One Turn penalty.

11. SCORING

- 11.1 The Low Point System of Appendix A of the RRS will apply.
11.2 Boats racing under the Portsmouth Yardstick shall race using the boat's standard rig.
11.3 Two races are required to be completed to constitute a series.
11.4 When 3 races have been completed, a boat's series score will be the total of her race scores.
11.5 When 4 or more races have been completed, a boat's series score will be the total of her race scores excluding her worst score.
11.6 Club Teams. Clubs may enter a team under the following criteria:
a) Teams of three boats, racing under any combination from Dinghies, Sportsboats, Other Keelboats.
b) No boat shall be a member of more than one team.
c) Roy Family Trophy Team scores will be calculated as follows:
o each boat's series score (see A2.1 and NOR 11.4 and 11.5) shall be multiplied by 100 then divided by the number of entries in that class.
o then adding together the results for the 3 boats in the team.
d) The team with the lowest team score wins and other teams shall be ranked accordingly.

12. SUPPORT BOATS [DP] [NP]

12.1 Support boats shall carry a VHF radio tuned to the channel as prescribed by the PRO and shall follow any instructions given by the race committee or safety boat team. They shall be marked with a flag issued by the race committee.

13. BERTHING & Trailer parking [DP] [NP]

13.1 Lift in for keelboats will be provided until 18.00 hrs on Friday 26th August with lift out on Sunday afternoon after racing. Boat owners are expected to assist. Advance booking by Fri 19th 5pm is required. Email sailing@nyc.ie

13.2 Boats shall be kept in their assigned places in the hard standing area or pontoon/ harbour or marina unless launching from other Dun Laoghaire waterfront clubs.

13.3 All keelboats once launched at the start of the event, will remain on the water until the last race.

13.4 Keelboats and cruisers shall not be hauled out during the event except with prior written permission of the Race Committee.

13.5 Trailer Parking will be provided for visiting keelboats and dinghies on the Carlisle Pier.

14. RADIO COMMUNICATION [DP]

14.1 All keelboat and cruiser classes shall carry a VHF radio on board. All support boats shall carry a VHF on board.

14.2 For keelboats and cruiser classes the Race Committee may broadcast information available to all competitors by radio by VHF, including information on the courses to be sailed, starting and safety.

14.3 Except in an emergency, a boat shall neither make radio transmissions while racing nor receive radio communications not available to all competing boats. This restriction also applies to mobile telephones.

15. PRIZES

15.1 Overall prizes will be awarded to (but not exclusively):

- Perpetual Club Team (see 11.6)
- 1st, 2nd & 3rd in each class with 10 entries or more
- 1st & 2nd in each class with 7-9 entries
- 1st in each class with 5-6 entries
- Silver Sailors – helm over 60 years
- All female crewed boat

15.2 The Roy Family Team Trophy prize shall be awarded to the best performing team of 3 boats from an Irish Sailing or RYA affiliated club on the island of Ireland. Teams shall be defined in advance and shall register their eligibility for this prize at event registration. A club may register more than one team.

15.3 Additional prizes may be awarded at the discretion of the OA.

16. DATA PROTECTION AND IMAGE RIGHTS

16.1 By entering competitors give permission to the Organising Authority to collect and use data about the competitor for organising this Regatta

16.2 The Organising Authority has adopted a Data Protection Policy for the Regatta which is available on the WWW.NYC.IE website.

- 16.3 By entering the Regatta, competitors and support persons accept that the Organising Authority may arrange for images or videos to be taken at the event both on the water and on shore.
- 16.4 Competitors and support persons by entering give consent to the taking of such images and to the use, reuse, publication and republication of such images in any media, in conjunction with the competitor's name or not, without compensation and without the competitor's approval of such images or any use thereof. The images may only be used for the promotion of the Irish Sailing Women At The Helm Regatta , its sponsors or the organising authority.

17. RISK ASSESSMENT

- 17.1 Rule 4 of the Racing Rules of Sailing states: "The responsibility for a boat's decision to participate in a race or to continue racing is hers alone."
- 17.2 Sailing is by its nature an unpredictable sport and therefore involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:
- (a) They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event;
 - (b) They are responsible for the safety of themselves, their crew, their boat and their other property whether afloat or ashore;
 - (c) They accept responsibility for any injury, damage or loss to the extent caused by their own actions;
 - (d) Their boat is in good order, equipped to sail in the event and they are fit to participate;
 - (e) The provision of a race management team, patrol boats, and other officials and volunteers by the event organiser does not relieve them of their own responsibilities;
 - (f) The provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances;
 - (g) It is their responsibility to familiarise themselves with any risks specific to this venue or this event drawn to their attention in any rules and information produced for the venue or event and to attend any safety briefing held for the event
 - (h) They are responsible for ensuring that their boat is equipped and seaworthy so as to be able to face extremes of weather; that there is a crew sufficient in number, experience and fitness to withstand such weather; and that the safety equipment is properly maintained, stowed and in date and is familiar to the crew.
- 17.3 Crew details and contact information, along with an emergency contact ashore must be provided at registration.

18. ENVIRONMENTAL SUSTAINABILITY

- 18.1 As part of the event's commitment to reducing the environmental impact of the event, competitors, team leaders, coaches, volunteers, race officers and all stakeholders will be asked to follow Irish Sailing event sustainability guidelines. Details will be published, guidelines are available here <https://www.sailing.ie/environment>
- 18.2 Irish Sailing and National Yacht Club will be reducing paper printing by issuing Sailing Instructions and other notices as PDFs and notice board posters where possible.
- 18.3 This event is registered with Sailors for the Sea Clean Regattas.
- 18.4 This is a single use plastic free event

19. INSURANCE

19.1 Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of EURO 3 Million per incident or the equivalent.

20. SOCIAL PROGRAMME

20.1 There will be a social event on the Friday and Saturday of the weekend with food available. The proposed social programme will be detailed at www.NYC.ie and www.sailing.ie/WomenAtTheHelm in the run up to the event.

21. TEMPORARY MEMBERSHIP

21.1 Competitors, designated support persons, race officials and volunteers in this event and their guests shall be Temporary Members of the National Yacht Club for the duration of the regatta and shall be bound by the Rules of the Club. The National Yacht Club reserves the right to withdraw Temporary Membership.

22. PARTICIPANT WELFARE

22.1 The OA will adhere to any legislative and national health and safety guidelines in place at the time of the event.

23. FURTHER INFORMATION

For further information, please contact:

The National Yacht Club
East Pier, Dun Laoghaire,
County Dublin, A96 AX98, Ireland

Email: admin@nyc.ie

Or

Email: gail.macallister@sailing.ie (086)2214724